

CCAR has been providing remote recovery support and access to resources through their **Telephone Recovery Support (TRS)** program since 2007. Trained CCAR volunteers call on a weekly basis to offer encouragement, support, resource information and a valuable source of connection to the greater recovery community.

TRS is both consensual and confidential and is offered to all CT residents at no cost. Calls are made from CCAR's Recovery Community Centers, which act as centralized hubs for all things recovery in their respective communities and offer a variety of services including:

- **All Recovery Meetings**
- **Young People and Family programming**
- **Recovery Coaching**
- **Community social events**
- **Resource broking**
- **Telephone recovery support**
- **Vocational support**

For more information about TRS, contact any of our Recovery Community Centers or visit our website: www.ccar.us

Recovery Community Centers:

Bridgeport RCC: (203) 332-3303
Danbury RCC: (203) 672-4115
Hartford RCC: (860) 244-3343
New Haven RCC: (203) 672-4115
New London RCC: (860) 629-8650
Torrington RCC: (860) 626-4118
Waterbury RCC: (203) 290-0679
Windham RCC: (860) 423-7088

To enroll, fill out the form on the reverse side of this brochure and fax it to 1-877-840-2703, visit our website, or use the QR code below:



Please fill the consent form out completely and choose the time you'd be most likely to be able to answer our call.



Telephone Recovery Support



Connecticut Community for Addiction Recovery offers Telephone Recovery Support (TRS) as a remote form of connection to the recovery community.

For more information, contact us at www.ccar.us or call 1-844-269-8844 and choose option zero.

"The opposite of addiction is connection!"

Telephone Recovery Support Consent
Please Print Clearly

Name: _____ Date of Birth: ____/____/____

Phone #: (____) _____ Referred _____
By _____

Cell
Phone #: (____) _____ - _____ Gender (circle one): Male Female Other

City: _____ State: _____ Zip: _____

Preferred Pronouns: He/Him/His She/Her/Hers They/Them/Their

**Telephone Recovery Support calls are made between 9AM and 8PM EST
Monday through Friday and between 9AM and 5PM on Saturdays**

Please check the time range that reflects when you would like to be called
We will try to call you during the time range you circle. Thanks!

☐ 9am-Noon ☐ Noon – 2pm ☐ 2pm – 4pm ☐ 4pm – 5pm ☐ 5pm – 8pm

☐ Spanish speaking only ☐ DO NOT leave message ☐ Text Message

I understand and agree to the following:

1. I grant permission for a volunteer from Connecticut Community for Addiction Recovery (CCAR) to call me weekly on the above telephone number(s) to support me in my recovery.
2. Each time the CCAR volunteer calls, he/she will be asking me how my recovery is progressing and if I am in need of additional support (i.e., meetings in area, recovery community centers, safe/sober housing, social events, other resources)
3. At the time of a call, if I am in need of a referral to a treatment program or detox unit, I will be assisted in finding a program, if I so desire.
4. At any time I may decide not to take part in this service, I will call CCAR at 844-269-8844 ext.6 or tell the volunteer when he/she calls.

Date

Signature of Client

**Please Fax signed form to: (877) 840-2703 or enroll online at
www.ccar.us**

