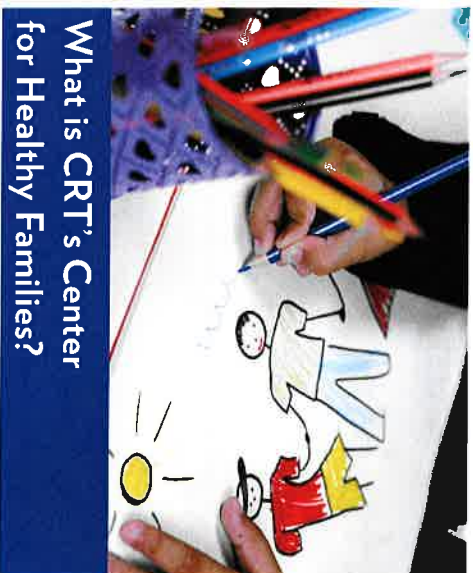




CRT's Center for Healthy Families provides a welcoming community-based outpatient clinic environment to work with individuals who are experiencing trauma, depression, anxiety, self-defeating behaviors behavior such as self-injurious behavior, suicidal ideation, school refusal, maladaptive eating, and substance use, adjustment disorder, ADHD, grief and loss and much more.

Counseling and recovery services are offered for people who want help recovering from symptoms due to mental health or substance use concerns. CHF is a community-based outpatient clinic providing psychiatric services, counseling, and support services. Everyone learns tools to cope with life's challenges while navigating on their own pathway to recovery.

CHF takes a holistic approach to meet the needs of each individual and family served by providing strength-based, trauma-informed, and culturally affirming clinical care and case management.

Our Values:

- Act with integrity and responsibility
- Deliver quality programs and services
- Treat all people with dignity and respect
- Constantly pursue excellence

CRT's Center for Healthy Families

SERVICES

- Screenings
- Evaluations
- Individual, family, and group therapy
- Social and communication skills
- Medication management
- Parent education
- Integrated primary care
- Case management

APPLICATION PROCESS

Parents/Guardians can apply or be referred by any provider.

Priority will be given to children with serious mental health needs.

SERVICE HOURS AND LOCATIONS

CRT's Center for Healthy Families
555 Windsor Street, Hartford
1st floor
Phone: (860) 849-9207
wigginismi@crtct.org
Scheduling appointments:
Monday - Friday 8 am – 4 pm



The Center for Healthy Families



CRT's Center for Healthy Families is a licensed child, adolescent, and family clinic that provides high quality behavioral health and substance use services to children, adolescents, and families with an emphasis on healing from within. Our team of licensed professionals and community health workers will work with everyone to address concerns that create a barrier to living a quality life.

CHF supports the entire family on their journey to a healthy purposeful life by teaching coping skills to deal with life's challenges. Everyone's needs are different and calls for an individualized plan that is appropriate to address their specific needs.

Community Renewal Team (CRT) is the dedicated community action agency for Hartford and Middlesex counties. CRT is dedicated to helping people take steps toward healthy and economically stable futures. Founded in 1963, CRT is a 501(c)3 nonprofit organization that partners with local elected officials, providers, funders, businesses, and the community to address challenges like hunger, homelessness, unemployment, and poverty. Together, we increase access to education, affordable housing, mental health services and much more for thousands of individuals and families throughout Central Connecticut each year.

To get involved, or find out how CRT can help you, please call (860) 560-5600.

Created 03/2023



555 Windsor Street
Hartford CT 06120
Phone: (860) 560-5600
Email: info@crtct.org





My Fatherhood Pledge

On my honor, I will give my children my time, my love, and my heart.

I will be an example of a good man to my children and others around me.

I will be an involved, responsible, and committed father.

From this day forward, I pledge to be a 24/7 Dad®.

National
Fatherhood
Initiative



Certified by:
Connecticut Department of Social Services (DSS)

Fatherhood Initiative



Community Renewal Team
Changing lives... Creating opportunity!

Community Renewal Team was founded in 1963 and is Central Connecticut's Community Action Agency. CRT helps individuals, families and communities work toward a stable and successful future. Programs include, Meals on Wheels, homeless shelters and supportive housing, criminal justice services, and programs for youth. To make a contribution, or find out how CRT can help you, please call (860) 560-5471.



crtct.org

Like us on Facebook

330 Market Street, Hartford CT 06120
Phone: (860) 964-3528 Fax: (860) 761-7928
hjalmeerm@crtct.org



Community Renewal Team
Changing lives... Creating opportunity!

A State-Certified Fatherhood Program
of the Community Renewal Team



Rev. Apr. 2022

Fathers Matter

When dads are involved in their children's lives, children are:

- More likely to experience educational success.
- Less likely to have behavioral difficulties.
- More likely to form successful partnerships as adults.
- Less likely to develop mental health issues.
- More likely to believe in their own self-worth.

The Fatherhood Initiative was created specifically for men that want to be better fathers. Certified by the CT Department of Social Services, using the 24:7, we emphasize the incredible importance of fathers. The program is based on these principles:

- The ability to parent children successfully or unsuccessfully is largely a learned set of behaviors.
- Father and mothers parent differently using their own unique gifts, which results in two distinct approaches to parenting called "fathering" and "mothering".
- There are universal aspects of fathering and parenting that exist in all cultures.
- Any father, given the chance, can learn to be a great dad and parent.

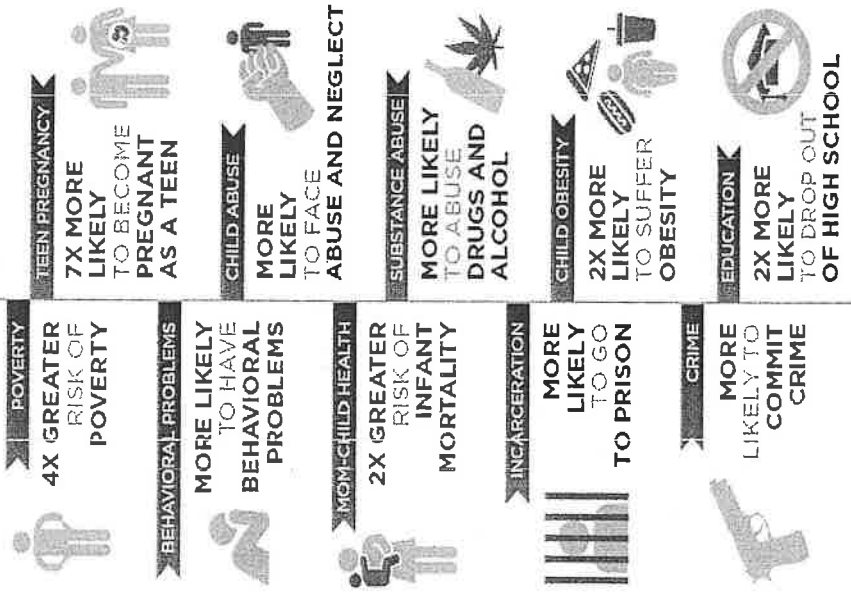


Fatherhood Initiative

THE FATHER ABSENCE CRISIS IN AMERICA

There is a crisis in America. According to the U.S. Census Bureau, 18.4 million children, 1 in 4, live without a biological, step, or adoptive father in the home. Consequently, there is a "father factor" in nearly all of the societal ills facing America today. Research shows when a child is raised in a father-absent home, he or she is affected in the following ways....

Source: U.S. Census Bureau (2021). Living arrangements of children under 18 years old: 1990 to present. Washington, D.C.: U.S. Census Bureau.



Our Values:

- Act with integrity and responsibility
- Deliver quality programs and services
- Treat all people with dignity and respect
- Constantly pursue excellence

ELIGIBILITY REQUIREMENTS

This program is open to fathers and men over the age of 18. We welcome not only biological fathers and grandfathers but also any male who is a role model for a child or children.

OFFICE LOCATION

330 Market Street, Hartford CT 06120
Phone: (860) 964-3528
Fax: (860) 761-7928

Office Hours:

Mon - Fri, 9 am - 3:30 pm

To make an Appointment:

(860) 964-3528
hjalmeerm@crtct.org





HIV in the US

Approximately 12 million people in the US have HIV.

13% of those 12 million have HIV and don't know it.

There are over 30,000 new HIV diagnoses in the US in each year.

The City of Hartford has the highest HIV prevalence rate in Connecticut.

Who is Impacted?

While HIV affects people from all walks of life, some groups are disproportionately affected. These groups include...

Black/African American persons

Men having sex with men

People who inject drugs

Transgender women

Homeless youth and adults

Transmission

HIV can be transmitted through...

Anal and vaginal sex

Sharing needles and syringes

Pregnancy, birth, & breastfeeding

HIV CANNOT be transmitted through...

Saliva, tears, or sweat.

Shaking hands and hugging.

Toilet seats.

Prevention

While the number of new HIV cases is declining with each year, the risk is not entirely gone yet. Luckily, there are several ways that you can protect yourself and your partners.

Know the Risk

Certain choices and actions increase the chances of contracting HIV, such as unprotected sex, having multiple sexual partners, and sharing needles for injection drug use. Substance use can also increase your risk, since substances may impair judgement and cause you to make choices you normally wouldn't.

Make Safe Choices

Use condoms and lubrication during sex

Get tested every few months

Look into starting PrEP

Never share needles or syringes

PrEP

PrEP (pre-exposure prophylaxis) is an FDA-approved medication that greatly reduces a person's chance of contracting HIV following an exposure. PrEP is taken in pill form once a day, or by injection once a month.

PrEP CAN be taken if you are on hormone therapy or birth control.

PrEP is safe to use for transgender persons receiving medical gender-affirming care.

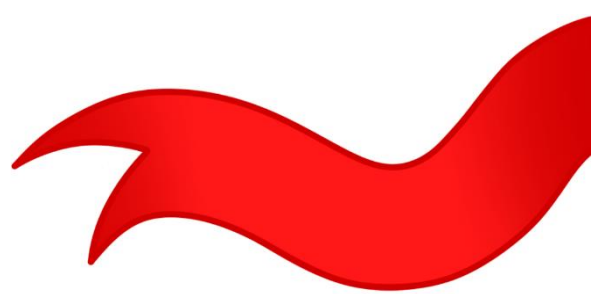
Most insurances cover all or most of the cost for PrEP. CRT/HARP is able to make referrals to begin taking PrEP.

PrEP does NOT protect from other STDs or STIs.

PEP

PEP (post-exposure prophylaxis) is an emergency medication taken AFTER an exposure to HIV to prevent infection. PEP is only taken if you are not already on PrEP or missed a dose prior to exposure.

PEP must be taken within 72 HOURS (3 days) of an exposure to work.



The goal of the HIV and AIDS Risk Program (HARP) is to support individuals in leading safe and productive lives by reducing the risk of contracting HIV and helping those who are currently HIV positive. The program connects individuals to care with the objective of living a healthier life.

Services Include...

Basic Needs

Transportation, housing, clothing vouchers, harm reduction kits, food assistance, etc.

Wellness Services

Confidential HIV/HEP C testing, PrEP and PEP, aftercare referrals, etc.

Peer Support

Mental health services, substance use services, HIV education, etc.

If you or someone you know needs confidential support, contact CRT's HARP Program Coordinator, Jean C Negrón

(860) 849-7556

negrnj@crtct.org

Community Renewal Team (CRT) was founded in 1963 and is Central Connecticut's Community Action Agency. CRT helps individuals, families, and communities work toward a stable and successful future. Programs include Head Start, Meals on Wheels, homeless shelters and supportive housing, criminal justice services, and programs for youth.

To make a contribution, or find out how CRT can help you, please call
(860) 560-5600.

Service Hours and Location

Behavioral Health Services
330 Market Street, Hartford, CT 06120
Phone: (860) 761-7900
Fax: (860) 761-7928

Office Hours:
Mon-Thurs 8:30am-8:00pm
Friday 8:30am-6:00pm

Funding provided by



Community Renewal Team
Changing lives... Creating opportunity!

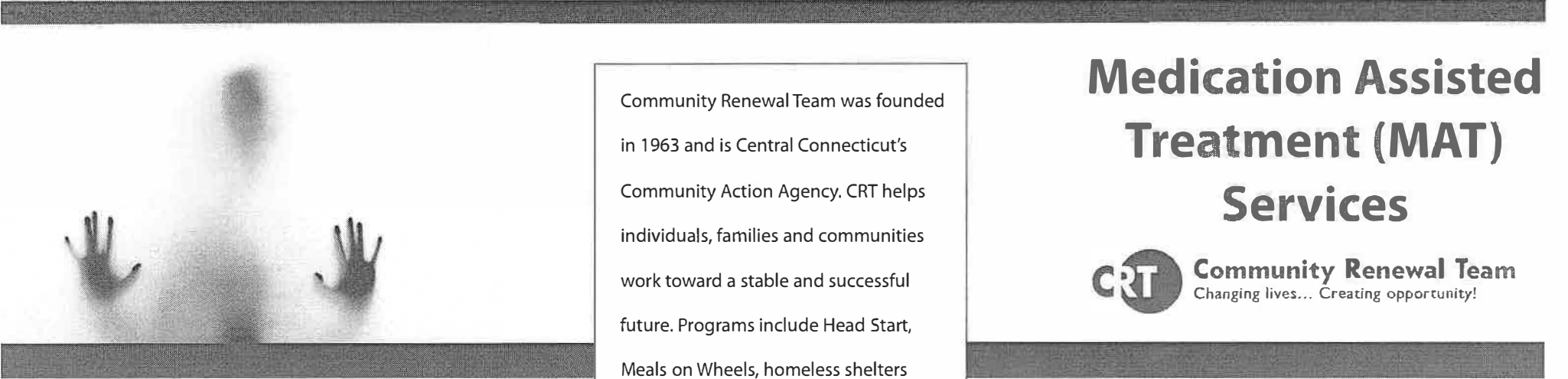
HARP

HIV/AIDS RISK PROGRAM

Supporting people in leading safe and productive lives by reducing the risk of contracting HIV



Community Renewal Team
Changing lives... Creating opportunity!



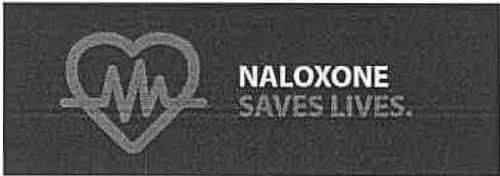
What is an Opioid?

Opioids are a class of drugs that includes heroin; synthetic opioids, such as fentanyl; and pain relievers available on the street or legally, such as codeine, hydrocodone (Vicodin), morphine, oxycodone (OxyContin), and Percocet. Risks of opioids include abuse, addiction, overdose, and death.

What is an Opioid Overdose?

When someone takes opioids in high doses, their heart rate and breathing slow down. They can stop breathing altogether, which can lead to death. Naloxone is a prescribed drug that can reverse an over dose when given properly.

Ask us how you can get a prescription for Naloxone today! We can train you in the proper use of Naloxone.



Community Renewal Team was founded in 1963 and is Central Connecticut's Community Action Agency. CRT helps individuals, families and communities work toward a stable and successful future. Programs include Head Start, Meals on Wheels, homeless shelters and supportive housing, criminal justice services, and programs for youth.

To make a contribution, or find out how CRT can help you, please call (860) 560-5600.

Funding provided by:

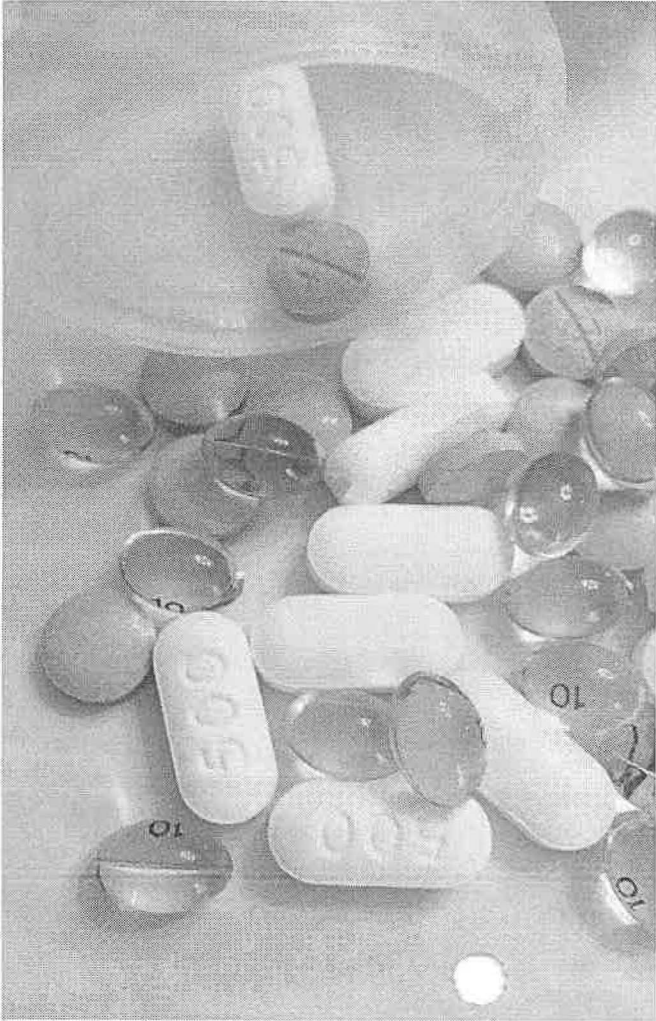


555 Windsor Street, Hartford CT 06120
Phone: 860 560-5600. www.crtct.org

Medication Assisted Treatment (MAT) Services



Rev. Nov. 2021



If you are struggling with addiction, CRT can help.



Getting help is important. Individuals may be tempted to use a range of addictive substances while trying to stop using opioids.

With the support and encouragement of CRT's staff, the person struggling with addiction can learn to cope in everyday life situations. The services that CRT provides are a stepping stone to independence and a more fulfilling life.

Our Vision

CRT Behavioral Health Services believes all individuals should be respected and encouraged. We offer a safe place for those seeking treatment. We believe in meeting a person where they are in their personal lives and respecting their goals.

We believe in treating people who use substances, along with their families, with compassion and dignity. We are committed to reinforcing positive change, no matter how small, or incremental, that change may be.

ABOUT MAT SERVICES

CRT'S INTEGRATED SERVICES APPROACH

For individuals who may have problems with alcohol and opioids, CRT offers a variety of Medication Assisted Treatment (MAT) options, comprehensive screening and assessment, and education and counseling for qualified individuals in recovery for alcohol and opioid addiction within an office-based setting.

All services are provided at the same facility with availability for same day appointments, transportation assistance, and other supportive services.

RECOVERY SUPPORT SERVICES

CRT will work with you to establish a personal recovery support plan, identifying strengths and areas of need. For example, developing positive outside supports such as family, twelve-step groups, and referrals in the community may be part of your treatment plan.



COUNSELING SERVICES

At CRT, our staff understands that a combination of MAT and counseling has been proven to be the most effective.

Our staff is caring and compassionate. We are experienced professionals who are bilingual and bicultural, culturally competent, dedicated to helping, and focused on empowering you to reach the quality of life you deserve.

ELIGIBILITY

To discuss eligibility, contact us today! Medicaid, Husky D and most private insurance plans accepted for counseling and recovery services. Self-pay on a sliding fee basis with proof of income.

SERVICE HOURS AND LOCATION

BEHAVIORAL HEALTH SERVICES

330 Market Street
Hartford, CT 06120

Phone: (860) 761-7900
Fax: (860) 761-7928
Email: CRTMat@crtct.org

Office Hours: Mon - Thurs 8:30 am - 8:00 pm
Friday 8:30 am - 6:00 pm

USING FENTANYL AND WANT TO STOP?

CRT's Medication Assisted Treatment (MAT) Program Can Help.

**Buprenorphine (Suboxone, Zubsolv)
Naltrexone (Tablets, Vivitrol)**

**NOW Scheduling appointments for
EXTENDED-RELEASE BUPRENORPHINE (SUBLOCADE)**

Incentives:

- Receive up to \$50.00 in gift cards
- FREE unlimited Narcan and training
- FREE Fentanyl Testing strips

Offering:

- Referral for a Recovery Coach
- Transportation services - bus passes/Uber
- Housing support
- Clothing vouchers
- Employment assistance
- IOP, Group and/or Individual Therapy
- And many more...



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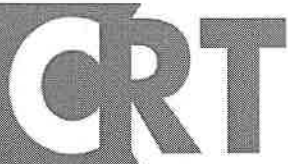
You Matter. Call or Text our MAT Team now.

Casie DeRosier

Director of Integrated Services-MAT
330 Market Street, Hartford CT
860-549-3350
derosierc@crtct.org

James Lynch

Substance Use Counselor
330 Market Street, Hartford CT
860-656-8303
lynchj@crtct.org



Recovery Support is now available at CRT for
Behavioral Health & MAT clients !

RECOVERY SUPPORT

ALL RECOVERY SUPPORT MEETINGS

1 ON 1 PEER SUPPORT SESSIONS

MONTHLY EVENT CALENDARS

MONTHLY RECOVERY EVENTS

WEEKLY RECOVERY GROUPS

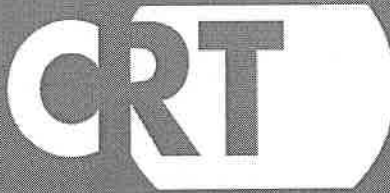
MARA MEETINGS



1 on 1 peer support sessions

CRT offers weekly 30min-1 hr. individual peer support sessions in person or over the phone. These sessions are 1 on 1 with your peer to help individualize the journey of recovery, meet the client where they are at, establish goals and support the needs of each individual we serve.

Contact MAT Peer Recovery Support Specialist, Samantha Allesandrine
for more information: 860-780-4754



CRT hosts 6-week peer support programs aimed toward recovery, stability, community connection, and self-awareness.

CRT PEER SUPPORT GROUP

A SELF- DISCOVERY JOURNEY

**Wednesdays
@ 1pm**

Sign up at the front desk

- WEEK 1: Self-Esteem & Self-Care
- WEEK 2: Empowerment & Self-Direction
- WEEK 3: Meaningful Life Goals
- WEEK 4: Handling Crisis Situation with Positive Coping Skills
- WEEK 5: Gratitude & Fun in Recovery
- WEEK 6: Multiple Pathways of Recovery

Contact Sam for more info: 860-780-4754

RECOVER *
* TOGETHER

THERE'S A NEW
RECOVERY GROUP AT

I'M NOT **
MY PAST **
* ADDICTIONS

A DEEPER LAYER



- WEEK 1: CREATING A POSITIVE ATTITUDE
- WEEK 2: STRUCTURE (CREATING A ROUTINE FOR YOU)
- WEEK 3: HEALTHY OUTLETS & SELF-EXPRESSION
- WEEK 4: CULTIVATING TRUST FOR SELF & OTHERS
- WEEK 5: COMMUNICATION & SETTING BOUNDARIES
- WEEK 6: HEALING & LIVING IN THE PRESENT

SIGN UP AT THE FRONT DESK

FOR MORE INFO- CONTACT SAM: 860-780-4754



These groups are run by peer support staff, maintaining the common ground of recovery from addiction. These programs are meant to help aid connection, hope, and prosperity in creating a life toward the nature of healing and recovering.

CRT Peer Supports hold Recovery Events every month to stimulate living a life free from substance use, with others walking the same journey. Some events so far are listed below!

CRT Free from Addiction

RECOVERY SPEAKER JAM!

TOGETHER WE ARE STRONGER

COME TELL YOUR STORY ON THE MIC!
INSPIRE OTHERS WITH YOUR TRANSITION FROM ADDICTION TO RECOVERY!

THURSDAY JUNE 29TH 12-3PM

RECOVERY OPEN MIC **CRT**

FRIDAY APRIL 21ST

EVENT STARTS @ 12 PM
SHOW STARTS @ 1 PM

WANT TO GET ON STAGE?
Show up & show your talent!

Call Peer Support: Samantha 860-780-4754 with any questions!

CRT 330 Market St., Hartford, Connecticut 06125

CRT PRESENTS

COSTUMES FRIGHT + FUN

RECOVERY HALLOWEEN PARTY

Tuesday OCT 31ST 1pm-4pm

330 Market St., Hartford - 10P Room

You are asked to wear Respectful & Non-Revealing costumes. All Unique, Fun & Creepy costumes welcome!

Contact Peer Support: Sam 860-780-4754

CRT

Recovery Game Day!
Let's have some fun!

- Outdoor Activities
- Games & Prizes!!
- Food & Beverage
- Recovery Meeting

FRIDAY JULY 28TH @12PM

330 MARKET ST. BACK PARKING LOT

FOR MORE INFORMATION CONTACT SAMANTHA 860-780-4754
PEER RECOVERY SUPPORT SPECIALIST

RAIN DATE

RECOVERY CARNIVAL

THIS MONDAY OCT 2ND 12pm-4pm

* GAMES- FOOD- MASK MAKING
POPCORN- COTTON CANDY

TICKET FREE

BEST MASK WINS A PRIZE!

330 MARKET ST OUTSIDE PARKING LOT

860-780-4754 Samantha Peer Support

GINGERBREAD HOUSE CONTEST

Get into the holiday spirit at CRT with our Gingerbread House Decorating Contest! Come create your best house and see who the winner is!

December 15th 12pm-3pm IOP ROOM

330 Market St. Hartford CT - For more info contact Sam Peer Support: 860-780-4754

Recovery Paint Day

Join us for a day of sober fun, to paint on canvas! This is an activity of inspiration and self-expression guided by Peer Recovery Support Sam.

August 25th @12pm

330 Market St. Side Parking Lot

Sign up at the front desk to participate

CRT

12PM WEDNESDAY

MAY 31ST

CRT BHS CLIENTS ONLY

BRING YOUR OWN WHITE TEE, PANTS OR SOCKS AND LET'S HAVE SOME FUN!

TIE-DYE PARTY!

LOCATED IN THE DEAD BACKYARD LOT

CRT - 330 MARKET ST. PRESENTS

RECOVERY MOVIE DAY

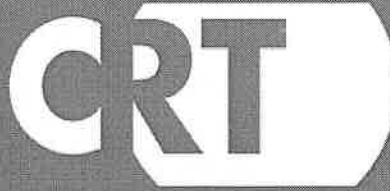
JOIN US TO KICK BACK, WATCH SOME MOVIES, SNACK, AND RELAX CRT CLIENTS ONLY

FREE POPCORN & CANDY
FREE ENTRY

FEEL FREE TO BRING YOUR OWN SNACKS

GO TO THE ELEVATOR & HEAD TO THE BASEMENT LEVEL

NOV. 30TH 10AM-2PM



CRT holds weekly recovery meetings. Every Monday, CRT has a MARA (medication-assisted recovery anonymous) facilitated by our peer, as well as every Thursday, we hold an All Recovery Meeting, welcoming all who struggle with addiction, are affected by addiction or support the recovery lifestyle.

CRT NOW HAS MARA MEETINGS

EVERY MONDAY

STARTING NOV 13TH

2PM-3PM

IOP ROOM

MARA

Recover Together

- MARA stands for Medication-Assisted Recovery Anonymous.
- It is a support group that **believes in the value of medication as a means of recovery.**
- MARA is a 12-Step program that aims to reduce the judgement that members may feel from other total abstinence programs.

ALL RECOVERY ANONYMOUS MEETING

Every Thursday

3:30pm- 4:30PM

THE ENERGY YOU PUT OUT IS THE ENERGY YOU GET BACK

WE ALL started SOMEWHERE

NA

Location: IOP ROOM

Snacks & beverages provided

IF YOU KNOW YOU CAN DO BETTER, THEN DO BETTER

BE ADDICTED TO BETTERING YOURSELF

All those struggling with addiction, are affected by someone else's addiction, or have desire to maintain the recovery lifestyle are invited to attend

SERENITY COURAGE WISDOM

These meetings and resources are available to CRT clients only

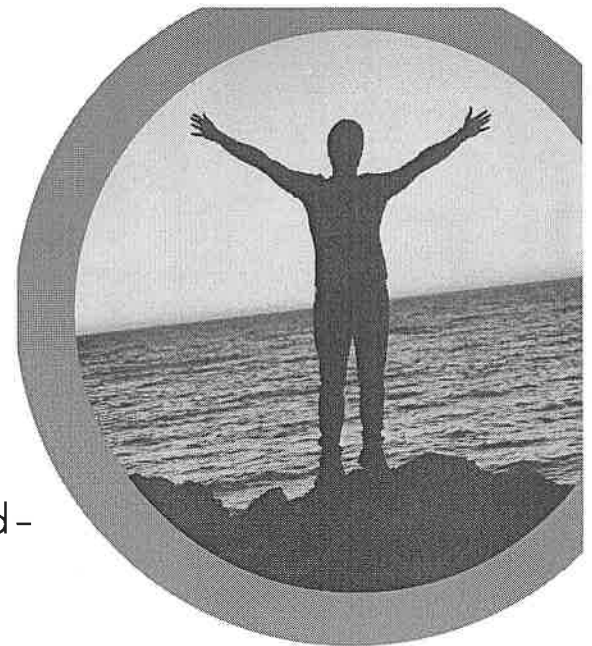




Community Renewal Team
Changing lives... Creating opportunity!

CRT NOW OFFERS **SUBLOCADE**

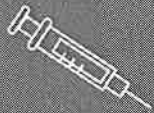
Sublocade is a once monthly extended-release Buprenorphine injection.



Keep moving towards recovery.

Eligibility:

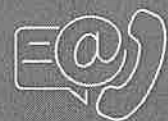
- **18 years of age or older**
- **Not currently pregnant**
- **Have begun treatment on buprenorphine (suboxone), taken daily for a minimum of seven (7) days**
- **Stopped legal or illegal opioid drug/medication (other than prescribed suboxone medication)**



Sublocade is a monthly slow-release injectable medication that continuously releases buprenorphine all month with no daily ups and downs.



Receive:
Intensive Case Management,
Peer Recovery Support,
AND
Treatment Incentives!



Contact: Casie DeRosier
(860) 549-3350
derosierc@crtct.org
or
James Lynch
(860) 656-8302
lynchj@crtct.org

Community Renewal Team Early Intervention Services and MCM services are flexible and offered at times and locations that are convenient to our participants.

Medical Case Management Services

330 Market Street
Hartford, CT 06120
Phone: (959)333-8016
Phone: (860) 761-7903
Fax: (860) 761-7928
Email: gonzalezc@crtct.org

Office Hours: Mon-Fri 8:00am-4:30pm

We are strong
TOGETHER!

COVID -19, CORONAVIRUS

Medical Case Manager Services



Medical Case Management Mission

Medical Case Management links HIV-positive individuals to appropriate medical care providers and offers ongoing assessment and evaluations of clients' physical, emotional, and psychosocial needs.

The goal of medical case management is to ensure optimal health outcomes for clients. In certain cases, medical case managers can provide limited financial assistance with medical-related bills and basic living expenses.

In addition, they can provide connections to a variety of government and private assistance programs. For more information, please call: (860) 761-7903



Medical Case Manager Services *CRT Staff Offer a Variety of Services*

CRT offers HIV and HEP-C testing, education and counseling for people who are living with HIV or who are at risk of infection. Please, contact us; let us know how we can help.



The medical case manager links clients to different programs based on the client's needs. The programs available for the clients are the following:

Financial Assistance

The MCM assists the client with financial resources to cover the client's needs, such as utility bills and basic living expenses.

Housing Assurances

The Medical Case Manager (MCM) assists HIV-positive individuals who are experiencing homelessness. The MCM helps the client connect with resources who can help individuals with behind rent and moving costs. The MCM connected the client with resources that covered the security deposit and the first month of rent costs.

Medical Insurance/ Medical Providers

The medical case manager helps individuals who are living with HIV/AIDS connect with medical insurance. In addition, MCM helps individuals who do not receive medical insurance benefits because of their immigrant status with coverage for their medical visits and medication costs.

Transportation Assistance

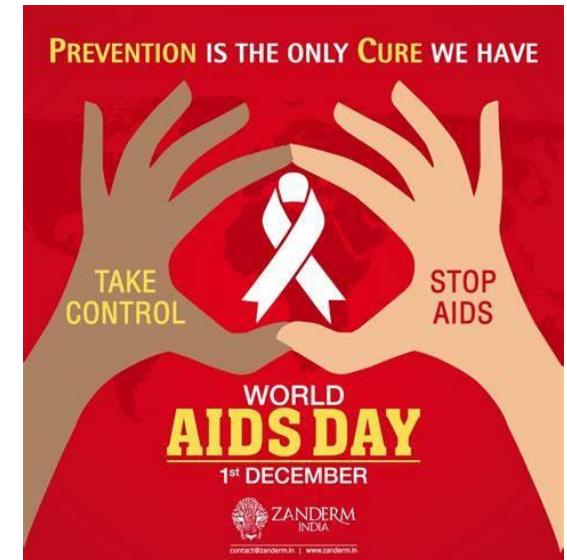
The medical case manager provides transportation services to the clients, including bus passes, Uber vouchers, and medical transportation, for the client's appointment with the purpose of facilitating the client's travel to their health providers.

Food Assistance

The medical case manager helps clients who are eligible for Ryan White services link with food resources such as food vouchers, food pantries, and SNAP benefits.

Behavioral Health Services

The medical case manager refers clients, if needed, to counseling services. Counseling services are available for those living with HIV/AIDS, their partners, and family members; these services include psychiatric medication management and referrals to a more intensive, higher level of care if needed.



Opioid Family Support Group

Breaking Bread

Come find support while learning how to effectively support your loved one.

Time: Every Monday, 1:00—2:00 PM

Location: Virtual Meeting- <https://us02web.zoom.us/j/87870444942>

Zoom Meeting ID: 878 7044 4942

Language 's offered: Spanish and English

Support, Education, and Free Narcan Training

Casie DeRosier
Community Renewal Team
derosierc@crtct.org
860-549-3350

Neida Rivera
neidarivera727@yahoo.com
860-794-1209



Community Renewal Team
Changing lives... Creating opportunity!

Opioid Family Support Group

Breaking Bread

Come find support while learning how to effectively support your loved one.

Time: Every Tuesday, 5:30—7:00 PM

Location: YMCA , 99 Union St. Middletown, CT, 06457

Updates will be posted on a weekly basis on <https://roadwayofhopect.com/>

Support, Education, and Free Narcan Training

Contact Sue Willette for more information

Casie DeRosier

Community Renewal Team

derosierc@crtct.org

860-549-3350

Sue Willette

The Roadway of Hope

willettesue@yahoo.com

203-886-5130



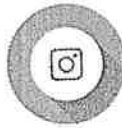


Community Renewal Team

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crtct.org



555 WINDSOR STREET
HARTFORD, CT 06120-2413

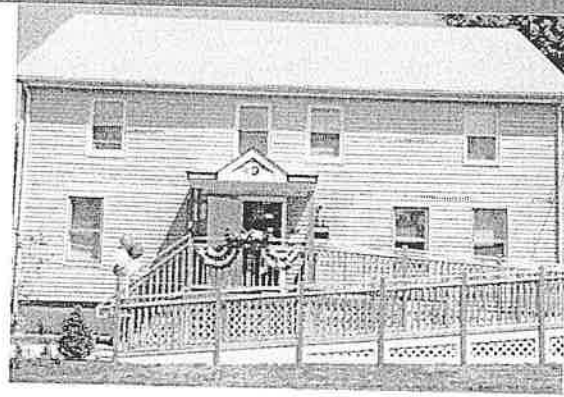
TEL: (860) 560-5600
EMAIL: info@crtct.org

Veterans Crossing

Veterans Crossing is a 12-room handicapped-accessible, Bridge Housing residence designed to break the cycle of continued homelessness and re-incarceration among Veterans. Residents may stay for up to 90 days in the East Hartford rooming house as staff help them look for work, save for an apartment and connect with support services.

Veterans are encouraged to change their homeless lifestyle through the development of living skills, personal growth, recovery, self-reliance, productivity, residential stability, and community involvement.

The program is designed to give each Veteran an opportunity to stabilize his environment while exploring employment opportunities and a more permanent living situation.



ELIGIBILITY REQUIREMENTS

Residents must be:

- Male and homeless.
- A veteran without a dishonorable discharge.
- 18 years or older.
- Able to live safely in an unsupervised setting.
- Willing to commit to a recovery plan
- Willing to search for work and participate in activities at least 35 hours per week.

APPLICATION PROCESS

Referrals are accepted from Veterans Affairs (VA), the CT Department of Correction (DOC), the CT Judicial Branch (CSSD) or the Veteran himself. Veterans may call the program to be connected with the VA Liaison. The liaison will help prepare the referral packet.

SERVICE HOURS AND LOCATIONS

22 Colt Street, East Hartford
(860) 310-6269
Tues - Fri: 8 am - 4 pm

Supportive Services for Veteran Families

Helping Vets Remain Housed

This program is designed to enhance housing stability and prevent homelessness among Veteran families who currently reside in or are transitioning to permanent housing.

Staff provides comprehensive supportive services including outreach, case management services, and assistance for Veteran families in obtaining VA and other public benefits.

By empowering Veteran families, the SSVF Program is committed to serving those who served us and advancing housing permanency within our Veteran community.

ELIGIBILITY REQUIREMENTS

Veterans must have served in the active military, but wartime service is not required. Discharge must not be dishonorable.

APPLICATION PROCESS

Referrals are accepted from Veterans Affairs (VA), Veteran service organizations, community providers or veterans themselves.

Targeted Case Management for Veterans

Targeted Case Management for Veterans is designed to improve the housing retention rates for Veterans who were previously homeless and transitioned to permanent housing from programs such as Grant & Per Diem (GPD) or the VA's Healthcare for Homeless Veterans (HCHV) Contracted Residential Services (CRS) Program.

This time-limited case management program provides supportive services to Veterans for up to six months, and includes, but is not limited to: home visits to monitor housing stability, landlord mediation, financial literacy & budgeting, care coordination, and referrals to services such as mental health, substance use disorder, medical and employment services.

For more information, please visit CRT's website: www.crtct.org/programs/veterans/targeted-case-management-for-veterans/

SERVICE HOURS AND LOCATIONS

1921 Park Street, Hartford
(860) 778-4775 & (860) 778-2423
Mon - Fri: 8 am - 4 pm

Program location
Throughout Central Connecticut

Financial Literacy

CRT offers workshops and credit counseling to help people manage money, improve credit and build savings. Individuals are invited to sign up for workshops to better understand money management through skill-building in creating a monthly household budget, reducing debt, increasing savings, and addressing credit. A personal plan of action will be developed to help achieve your goals. Staff speaks English and Spanish.

Financial Fitness Class: This 3-hour course is held online each month and provides an overview of basic money management, including financial goal setting, saving and spending, maximizing income, understanding credit, managing debt, and protecting yourself financially. For more information call (860) 560-5501.

Pre-Purchase Homebuyer Education: With new online classes held monthly, this comprehensive first-time homebuyer course will teach you what it takes to become a successful homeowner, from seeking pre-approval for a mortgage to making an offer, to the closing process. Individual one-on-one counseling sessions follow the online group class. Individuals who complete this course will be provided with a Certificate of Completion to verify that they have satisfied the education requirements for their mortgage loan. Registration is required. For more information call (860) 560-4210. Please leave a message with name, phone number and email.

CRT's Financial Literacy

Institute: This 14-week course provides financial literacy instruction and resources to participants of various racial, ethnic, cultural, and economic status. Core areas of financial health addressed include money management; understanding financial products; establishing credit and credit rebuilding; forward planning for emergencies; retirement investment; saving; acquiring assets; and types of insurance to protect from losses. The goal of the Institute is to have participants realize enhanced personal financial capability that leads to financial self-reliance. The Institute is offered annually, September through December. For more information call (860) 560-4210.

APPLICATION PROCESS

Adults and youth from Hartford and Middlesex counties are invited to sign-up. Most sessions are held in Hartford.

Please see CRT website, or call for a schedule of upcoming classes.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
(860) 560-5149
Mon - Fri: 8 am - 4 pm

ELIGIBILITY REQUIREMENTS

Adults over the age of 18 from Hartford or Middlesex Counties.

VITA Tax Preparation

Trained volunteers help taxpayers prepare and file basic tax returns. Tax forms are completed with guidance and support provided by certified staff. Then tax returns are filed electronically from CRT at no cost. Refunds are generally received within 3 weeks when filed online.

Free tax preparation is available from mid-January through April 15. Staff and volunteers are trained and certified by the IRS each tax season. CRT helps individuals and families with incomes under \$52,000. Income must be from public benefits, wages, alimony and child support. Individuals and families with investment property are not eligible.

SERVICE HOURS AND LOCATIONS

VITA Free Tax Preparation by Appointment (February-April)

330 Market Street, Hartford
(860) 560-5149
Office Hours:
Tues & Thu 9 am - 6 pm

CRT Resource Center
395 Wethersfield Avenue, Hartford
(860) 560-5738
Sat 9-11 am

CRT Resource Center
32 Washington Street, Middletown
Phone: (860) 347-4465
Call for hours

ELIGIBILITY REQUIREMENTS

People (households) who generally make \$57,000 or less;

Persons with disabilities; and

Limited English-speaking taxpayers who need assistance in preparing their own tax returns.

APPLICATION PROCESS

Please stop by one of CRT's Resource Centers to pick up an intake packet to begin the tax filing process.

No application is needed. Just call your preferred location to make an appointment. Days and hours vary. Bring the following paper work to the meeting:

- Photo ID
- Social Security card
- Last year's tax return
- For direct deposit, a check or savings account number with routing number from the check
- If filing jointly, both you and your spouse need to be present to sign the form
- Paperwork showing property tax payments (home and auto)
- General income paperwork: W-2, W-2G, 1099-INT, SSA-1099R, 1099-DIV, 1099-G
- If a homeowner, alimony received, 1099-MISC, 1099-B, and 1099-R



Summer Youth Employment

Youth from the Greater Hartford area are engaged in meaningful summer work experiences to prepare them for the world of work.

Low-income adolescents between the ages of 14 and 24 have the chance to pursue their interests, obtain job skills, and participate in learning activities that foster their social, civic, and leadership abilities.

Participants work with computers and learn how to deliver excellent customer service. Staff speaks English and Spanish.

ELIGIBILITY REQUIREMENTS

Youth must be 14–24 years old.
Live in the Greater Hartford area

APPLICATION PROCESS

Students must complete a pre-application online at www.capitalworkforce.org.

Applications are only accepted from February – May.

Applicants must apply to:

Capital Workforce Partners
One Union Station, Hartford CT
Phone: (860) 522-1111

For information on Middlesex SYELP call:
(860) 347-6924

SERVICE HOURS AND LOCATIONS

Summer Youth Employment Program
1443 Main Street, Hartford
(860) 560-5308
Mon - Fri: 8 am - 4 pm
Participants work at sites throughout Greater Hartford.

Middlesex Youth Career Development Services

Middlesex Youth Career Development Services, known as MYCDS, is designed to empower young people age 18-24 to make successful transitions to adulthood through life skills training and work placement opportunities. MYCDS can serve youth coming from families who meet income guidelines and who are facing educational or personal barriers that render them "at risk."

Additional support is provided as needed for childcare, transportation and housing.

We offer Certified Nursing Aide, Phlebotomy Technician, Security Guard, Pharmacy Tech, Vet Tech, Patient Care Tech certifications, and more. Youth work with a case manager along with an employment specialist.

The program is a community-based partnership between the Middlesex Chamber of Commerce and CRT, and funded by the Workforce Alliance through the Workforce Investment Act (WIA).

SERVICE HOURS AND LOCATIONS

Middlesex Youth Career Development
393 Main Street, Middletown
(860) 347-6924
Mon - Fri: 8 am - 4 pm

ELIGIBILITY REQUIREMENTS

Young adults in Middlesex County and New Haven County are eligible if they have not attended school for at least one quarter.

Students must:

- Be 18 to 24 years old
- Live in Middlesex or New Haven County
- Meet income limits
- Young adults (out of high school) must
- Be 18 to 21 years old
- Live in Middlesex or New Haven County
- Meet income limits

APPLICATION PROCESS

Referrals are accepted all year. Income limits apply

A reading and math test and interview with the Workforce Alliance is part of the interview process.

Bring the following paper work to the meeting:

- Photo ID
- Social Security card
- Birth certificate
- Proof of address – report card with address noted or letter with date and address noted
- 2 pay stubs from yourself or a parent, if working
- High school diploma or transcripts



Capital City YouthBuild

Individuals from Hartford and East Hartford between the ages 18-24, are provided the opportunity to develop their skills for success. Participants receive educational training from instructors for intensive remedial education and support from a case manager. They will also receive a bi-weekly stipend for attending the program. Participants can pursue a career in construction, food service, security, or health care while earning their GED.

Participants also receive leadership skills and job readiness training that leads them to careers in their chosen field which moves them into apprenticeships and employment. Participants also have access to CRT's full range of programs and services. Drug and alcohol counseling services available as needed. Staff speaks English and Spanish.

The cost of the YouthBuild Program is \$1,504,367. \$1,202,143 (80%) is funded through a grant from the U.S. Department of Labor. The other \$302,224 (20%) is funded through Non-Federal sources.

ELIGIBILITY REQUIREMENTS

Applicants must:

- Live in Hartford or East Hartford
- Be 18 – 24 years old
- Be jobless
- Meet income limits
- Sign a contract
- Commit to a one-week orientation

APPLICATION PROCESS

Applications are accepted on a rolling basis. Classes fill on a first-come first serve basis. Call **(860) 560-5308** to schedule an interview and attend a "pre-eligibility" session.

Bring the following to your first meeting:

- Photo ID
- Birth certificate
- Proof of residence in Hartford or East Hartford

SERVICE HOURS AND LOCATIONS

Capital City YouthBuild

1443 Main Street, Hartford

(860) 560-5308

Mon - Fri: 8 am - 4 pm

Community Response Service: HEARTeam

CRT's Community Response Services (CRS), also known as the Hartford Emergency Assistance Response Team (HEARTeam), in partnership with the City of Hartford is a preventative community-based intervention program providing free, confidential services in the City of Hartford. Each community response team consists of a Peer Recovery Specialist and a Licensed Clinician who will assist with prevention and preparation to reduce known risks that can lead to crisis. While the HEARTeam is dispatched through the police department, we are not a law enforcement agency. The HEARTeam is not designed to respond to violent situations or life-threatening medical emergencies. The HEARTeam and the City of Hartford is committed to creating a safe, humane, and comprehensive response to non-violent emergency calls for service for individuals with emotional distress. All services are voluntary, confidential, and free of charge.

ELIGIBILITY REQUIREMENTS

CRS receives calls through Hartford Police Department.

If you see CRS in the community, you may request direct assistance.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford, CT 06120

If you wish to speak to a crisis worker and do not want to contact 911, you can contact us directly by utilizing our hot-line for service needs. Community Responders can be reached on our hot-line 7 days a week from 9 am to 5 pm.

Hot-line Number: (860) 325-3552

Sunday - Saturday 9:00am - 5:00pm



CRT's Justice Ruth Bader Ginsburg Women's Empowerment Center

Helping Women Thrive

CRT envisions a community in which women, regardless of race, ethnicity, income level, or social status are mentored and empowered to reach their full potential.

CRT's Women's Services provide a supportive environment where women can thrive and feel empowered to improve their quality of life while facing life's challenges.

Services Offered:

- A center that is a welcoming, safe point of entry for women to access holistic support services and mentorship to assist them on their journey of redirecting their paths to living dynamic lives.
- Personal development classes and support groups.
- Empowerment programs, conferences, leadership training, and workshops on a variety of topics, such as financial literacy, entrepreneurship, career development, and workforce readiness tailored to advancing progress on their goals.

- Opportunities to network with successful women in business, transcending social and economic boundaries, to build a bridge to economic stability.
- Comprehensive Behavioral Health Services.
- Intensive Case Management for women or individuals that identify as women.
- A small children's play area is available for members who need to bring their children while they are receiving services.

ELIGIBILITY REQUIREMENTS

Members of the Women's Empowerment Center (WEC) are women who live in Greater Hartford or Middlesex County.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
(Lower level – entrance in the back of the building. On-site parking is available.)
(860) 761-7908
Mon - Fri: 8 am - 4 pm
Evenings and weekends as scheduled

APPLICATION PROCESS

Individuals may walk into the WEC or be referred by any provider. Membership is always free.

Breaking Bread

Opioid Education and Family Support Group

Are you struggling with a loved one's drug use? Come find support while effectively learning how to support your loved one.

This partnership with Department of Mental Health and Addiction Services (DHMAS), Community Renewal Team (CRT) offers a free weekly support and opioid education family support group for anyone dealing with a loved one's drug use. You can attend in person or online!

Opioid Education and Family Support Groups (OEFS) are available for adult and young adult (age 18 and older) family members and loved ones of individuals who are or were misusing opioids. When you join these meetings, you will receive:

- Support
- Education
- Narcan Training

SERVICE HOURS AND LOCATIONS

In-person meetings are held in both Middletown and Hartford, Connecticut.

Middletown:

Veteran's Memorial Park

83 Walnut Gove Road,
Middletown, CT 06457

Every Tuesday: 5:30 pm - 7:00 pm

Contact Sue Willette: (203) 886-5130

Hartford (In-Person):

United Methodist Church

571 Farmington Avenue,
Hartford, CT 06105

Every Tuesday: 11:00 am - 12:00 pm

Contact Casie DeRosier: (860) 549-3350

Hartford (Virtual):

<https://us02web.zoom.us/j/8787044942>

Every Monday: 1:00 pm - 2:00 pm

Contact Casie DeRosier:
(860) 549-3350

ELIGIBILITY REQUIREMENTS

Adults 18 years of age and older that had/have a family member, friend, or loved one who is a substance user.

Transitional Case Management

The Department of Mental Health and Addiction Services (DMHAS) funded program that is in partnership with The Department of Corrections (DOC), is an established the Transitional Case Management (TCM) program for male inmates with significant histories of substance use who are discharging to Hartford/ Middlesex area. The goal of the Transitional Case Management program (TCM) is to help ensure a successful transition back into the community after incarceration.

- This program provides:
- Encouragement and support
- Mentoring and guidance
- Education
- Coordination of services
- Advocacy
- Counseling and crisis intervention
- Linkage to support services such as employment, job skills/training, sober housing, medical insurance, transportation, and other resources

This program serves incarcerated individuals three months prior and up to four months after release from prison. If you are interested in being considered for the TCM program. No association with parole or probation is required for participation.

ELIGIBILITY REQUIREMENTS

Adult inmates 18 years of age or older with a history of substance use re-entering Greater Hartford communities from prison are eligible.

Interested inmates must:

- Get a referral from a DOC counselor
- Self-referral's, contact Shaquana Leggett at phone 860-849-7847
- Complete an initial application form
- Interview for the program

APPLICATION PROCESS

Call the Program Coordinator to obtain application.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
Program Coordinator
(860) 849-7847 or (860) 780-4890
Mon - Fri: 8 am - 5 pm

Medication Assisted Treatment

Community Renewal Team's (CRT) Behavioral Health Services offers enhanced medication assisted treatment for clients with opioid use disorder. CRT is an accredited behavioral health provider, and its licensed medical physicians can offer a wide variety of medication options which includes buprenorphine (suboxone), vivitrol, and now sublocade (buprenorphine extended – release injection). CRT's MAT program is a best practice modal that offers services for clients that integrate the use of behavioral therapies such as individual and/or group psychotherapy, case management, and peer recovery support services. This program emphasis on providing treatment options to those who are at high risk of an opioid overdose and/or wish to seek recovery with the support of medication assisted treatment.

ELIGIBILITY REQUIREMENTS

Anyone age 18 or older may apply for this program.

APPLICATION PROCESS

Walk-ins accepted. Referrals accepted from all sources. There are no income restrictions.

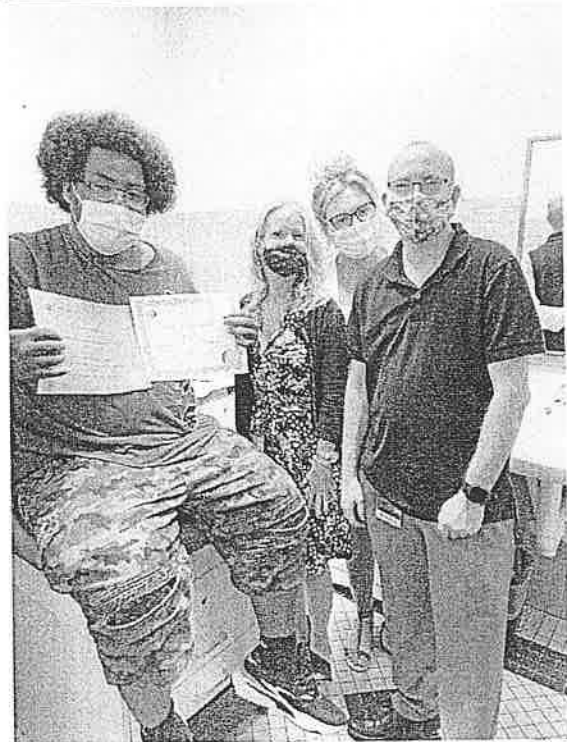
SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford

(860) 549-3350

Mon - Thurs: 8 am - 8 pm

Fri 8 am - 6 pm



Health Navigator

Need Help Getting Health Insurance?

Do you need help getting health insurance coverage in Connecticut? Work with one of CRT's Navigators who can walk you through the process of signing up for health insurance coverage with our partner Access Health CT.

ELIGIBILITY REQUIREMENTS

Enrollment is available for individuals who qualify and or is based on size of family and income. For example: A family of 1 (adults without minor children) making \$18,756 or less per year or a family of 5 making \$51,952 or less per year would qualify for HUSKY Health Insurance.

You can enroll in coverage any time of year if you:

- Are an American Indian or Alaska Native;
- Qualify for HUSKY Health (Medicaid/Children's Insurance Program (CHIP));
- Have a life changing event – like losing health coverage through your job, getting married, having a baby, or moving to Connecticut – that qualifies you for a regular Special Enrollment Period;
- Become eligible for the Covered Connecticut Program or the Special Enrollment Period for Residents with Lower Income

APPLICATION PROCESS

Please call to schedule appointment.

What do I need to bring with me to enroll?

- Social Security Numbers for all family members who need coverage
- Citizenship or immigration status documentation
- Tax return from previous year
- Employer information or current pay stubs
- Previous healthcare coverage information

Individuals may qualify for financial help to lower your costs, and if eligible, enroll in no- or low-cost coverage through HUSKY Health Programs (Medicaid and the Children's Health Insurance Program (CHIP)) or the Covered Connecticut Program.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
(860) 532-3889
 Mon - Fri 8 am - 4 pm

Homeless Outreach

CRT's offers clinical and case management services to homeless individuals who have severe and persistent psychiatric and/or substance use disorders, who are medically indigent. Individual treatment plans are created to help facilitate the development of self-management skills, improved the individual's level of functioning, and help them avoid decompensation and hospitalization. More intensive services are available through the CRT clinic. Our goal is to improve or maintain their living situation while reducing the level of recidivism within homeless shelters.

ELIGIBILITY REQUIREMENTS

Must be:

- Homeless
- 18 years or older
- Referral from The McKinney

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford

(860) 761-7900

Mon - Fri: 8 am - 4 pm

Hours based on program needs. Evening hours as needed.





HIV/Hep-C Counseling & Medical Case Management Services

CRT offers free, confidential testing to people at high risk of contracting HIV/Hep-C. For information on HIV/Hep-C education and/or free testing contact 860-462-5104.

The HIV/Hep-C Education program is free. In confidential one-on-one sessions we focus on healthy living and positive behavior changes.

CRT provides counseling and medical case management services to those living with HIV/Hep-C. Counseling can address life stressors, living with HIV/Hep-C, and mental health and substance abuse issues. Medical Case Management Services also include: psychiatric medication management and referrals to a more intensive, higher level of care (if needed) such as Detox, Inpatient, or Intensive Outpatient Programming (IOP). Both individual and group counseling is confidential.

ELIGIBILITY REQUIREMENTS

Participants must:

- Be an adult with HIV or Hep-C
- Be a resident of Hartford, Tolland or Middlesex counties
- Have a history of abusing drugs or alcohol or a mental illness
- Meet income limits

APPLICATION PROCESS

Individuals may contact CRT directly. Referrals are also accepted from family members or community agencies.

Call (860) 951-8770 for a listing of sites that provide community-based services.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
(959) 333-8016 or (860) 761-7908

Mon - Fri: 8 am - 4 pm

Mon - Thurs: 8 am - 8 pm

Fatherhood Initiative

Real Fathers, Real Men

Real Fathers, Real Men is a group for men who want to become better fathers and better role models. Certified by the CT Department of Social Services and following the 24/7 DAD curriculum.

Real Fathers, Real Men teaches men what it means to be a good father, partner, and husband. This all-male group helps participants meet their family responsibilities, obtain meaningful work, repay child support and bond with family members.

Group discussions focus on family issues such as money matters, dealing with the courts, co-parenting, anger management, bonding, and relationships and much more. This combined with individual case management our program participants get help with employment, educational opportunities, and much more. While active in the program participants also have access to CRT's range of programs and services



ELIGIBILITY REQUIREMENTS

Any men over the age of 18 who want to become better fathers.

APPLICATION PROCESS

Call for more information about the program.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
(860) 964-3528 or (860) 761-7900
Mon - Fri: 8 am - 4 pm

The Center for Healthy Families

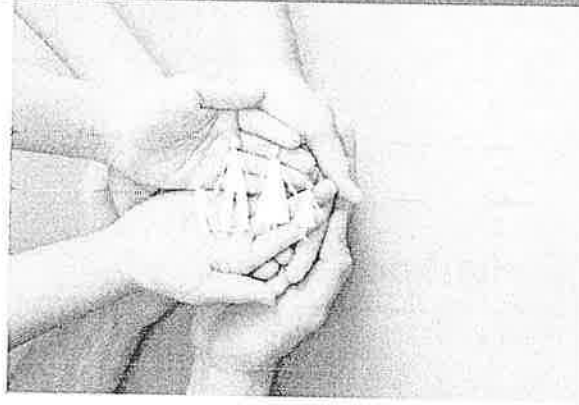
CRT's Center for Healthy Families provides a welcoming community-based outpatient clinic environment to work with individuals who are experiencing trauma, depression, anxiety, self-defeating behaviors behavior such as self-injurious behavior, suicidal ideation, school refusal, maladaptive eating, and substance use, adjustment disorder, ADHD, grief and loss and much more.

Counseling and recovery services are offered for people who want help recovering from symptoms due to mental health or substance use concerns. CHF is a community-based outpatient clinic providing psychiatric services, counseling, and support services. Everyone learns tools to cope with life's challenges while navigating on their own pathway to recovery.

CHF takes a holistic approach to meet the needs of each individual and family served by providing strength-based, trauma-informed, and culturally affirming clinical care and case management.

Services Provided:

- Screenings
- Evaluations
- Individual, family, and group therapy
- Social and communication skills
- Medication management
- Parent education
- Integrated primary care
- Case management



APPLICATION PROCESS

Individuals can call us directly. Community agencies can refer as well. All patients are seen within one week of referral.

The following is required for intake:

- Health insurance card, if applicable
- A list of current medications
- Copy of a physical exam/TB test completed in the last 30 days or a scheduled appointment for the physical/TB test
- Release of information from referring provider
- Completed release of information forms for all contacts
- Applications are accepted at 330 Market Street in Hartford.

Parents/Guardians can apply or be referred by any provider.

Priority will be given to children with serious mental health needs.

SERVICE HOURS AND LOCATIONS

555 Windsor Street, Hartford, 1st floor

(860) 849-9207

Clinical Services:

Monday - Friday 8 am - 4 pm

Behavioral Health Services

Counseling and recovery services are offered for people who want help with a mental illness or drug/alcohol use. CRT offers both intensive outpatient (IOP) and outpatient (OP) treatment services for adults with substance use or co-occurring disorders, ages 18 and over, in English and in Spanish, with evening hours available. The level of care and length of treatment varies – dependent upon the unique needs and challenges of the client, the referral source, the funding source and the individual's progress in treatment. Intakes can be scheduled within 24 hours of contacting us. Immediate access to care and walk in appointments available.

We welcome you and thank you for allowing us to work with you as your journey takes a new turn toward greater health and peace of mind. Staff speaks English and Spanish.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
(860) 761-7908
Mon - Thurs: 8 am - 8 pm
Friday Hours: 8 am - 6 pm

APPLICATION PROCESS

Individuals can call us directly. Community agencies can refer as well. All patients are seen within one week of referral.

The following is required for intake:

- Health insurance card, if applicable
- A list of current medications
- Copy of a physical exam/TB test completed in the last 30 days or a scheduled appointment for the physical/TB test
- Release of information from referring provider
- Completed release of information forms for all contacts
- Applications are accepted at 330 Market Street in Hartford.

CRT will follow up with the referring agency or the individual. If accepted into the program, the client will be scheduled for an orientation session. A date and time will be set to begin treatment after the orientation.

ELIGIBILITY REQUIREMENTS

Adults of all income levels are eligible. Medical insurance is accepted. People without health insurance are asked to pay a fee according to income. Individual and Community agency referrals accepted.

Asian Family Services

Asian Family Services is the only clinic in CT that is licensed to serve Asian-Americans. AFS provides in-person interpretation. Clinicians and support staff are not only multicultural, but also bilingual in Vietnamese, and other Asian languages. Established in 1996 to work with refugees and immigrants from Southeast Asia, AFS now welcomes individuals from many different cultures.

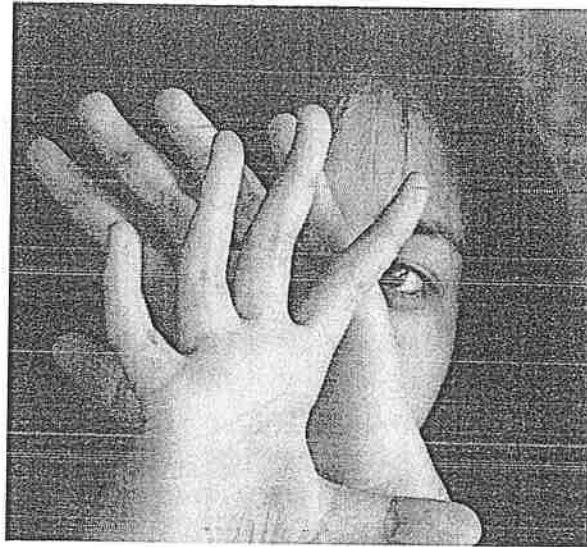
Clients may have trouble dealing with issues such as loss, domestic violence, anger management, gambling, poor health and past traumatic experiences. They may need long-term treatment for mental health or substance abuse. Through counseling, our clients learn skills to cope in a healthy manner, and develop new behavior patterns.

AFS provides:

- Individual and family therapy
- Medication management
- Court-mandated services including
- mental health and substance abuse evaluation

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
(860) 761-7892
Mon - Fri: 8 am - 4 pm



ELIGIBILITY REQUIREMENTS

Eligible clients include: Adults (18 years or older) with mental health and substance abuse issues; and parents of children with behavioral, emotional or cognitive problems.

APPLICATION PROCESS

Referrals come from hospitals and physicians, community organizations, public agencies and the courts. Self-referrals are also welcome. Call to schedule an appointment.

Bring the following to your first appointment:

- Health insurance card, if any
- Court papers, if any
- Proof of income, such as pay stubs or unemployment benefit statements

We accept Medicaid and most private insurance plans. Self-pay is accepted on a sliding fee basis, with documentation of income.



Senior Community Cafés

Senior cafés offer a healthy, low cost lunch for seniors and the opportunity to join with others in the community! Cafés are available in Hartford, Tolland, and Middlesex counties in pleasant settings with great food. Most cafés are located in senior housing complexes, senior centers, churches or community centers. Seniors socialize and become members of the community. Days and times vary by site.



ELIGIBILITY REQUIREMENTS

Participants must be 60 years of age or older. Spouses are welcome when joined by senior participants. Disabled persons under the age of 60 who live in the housing facility where lunches are offered are eligible.

A donation of \$3.00 is suggested to help cover costs. However, no one is denied a meal if unable to pay.

APPLICATION PROCESS

Refer to web page crtct.org or ask for complete site listing when you call. Make a reservation one day in advance by calling the café between 10 am – 12 pm weekdays. For example, to eat lunch on Tuesday, reserve your seat on Monday. You can also sign up at the site for future dates.

SERVICE HOURS AND LOCATIONS

555 Windsor Street, Hartford
(860) 560-5634
Mon - Fri: 8 am - 4 pm



Senior Affordable Housing

Affordable housing is available for seniors in the Greater Hartford area. We have modern, handicapped accessible one-bedroom apartments in Bloomfield and Hartford. Activities and services focus on enhancing quality of life and independence. Units have kitchens with tile flooring, spacious living rooms with large windows, a separate bedroom and bath. A computer lab, social areas and a laundry room are available. We offer classes, parties and other social activities. English and Spanish speaking staff available. Income limits apply.

ELIGIBILITY REQUIREMENTS

Renters will be asked to sign a one-year lease.

Renters must:

- Be 62 years of age or older
- Be able to live alone
- Meet income limits
- US citizens, national or eligible non-citizens.

SERVICE HOURS AND LOCATIONS

Coventry Place is located at 160 Coventry Street, Bloomfield, at the corner of Tower Avenue. It is close to St. Francis Hospital.

St. Michael's Place is located at 35 Clark Street, Hartford. Apartments are in a historic school located on the Generations campus.

For informaton about:

St. Michael's Place
555 Windsor Street, Hartford

(860) 910-4206

Mon - Fri: 8 am - 4 pm

Coventry Place:

(860) 243-3783 or (860) 951-9411

Mon: 8:30 am - 1:30 pm

Wed and Fri: 8:30 am - 5 pm

APPLICATION PROCESS

The following is required to apply:

- Proof of income and assets
- Photo ID
- Birth certificates for household members
- Social Security cards for household members

Retired and Senior Volunteers (RSVP)

CRT's Greater Hartford/Central Connecticut RSVP program continues to provide seniors 55+ with quality, well organized, meaningful volunteer opportunities that match their skills and interests. More than 300 volunteers participated in CRT's RSVP program last year and served in a variety of capacities in more than 45 towns in Central Connecticut.

Signature programs include:

RSVP READS/Mentoring

This school-based program pairs volunteers with students in local Public Schools. Volunteers provide reading and mentoring for an hour each week from October-May of each school year. RSVP READS tutors and mentors make reading interesting, fun, and also act as positive role models.

RSVP Volunteer Medical Transportation

Medical transportation volunteers provide non-emergency medical transportation using their own vehicle for seniors, and veterans over the age of 60 who experience challenges getting to medical appointments.

Meals on Wheels

Meals on Wheels is dedicated to providing seniors with the necessary nutritional support to protect them against food insecurity, and to help them continue to live independent and fulfilling lives. For many seniors, Meals on Wheels by CRT is the first service that they seek for assistance to help them stay in their own homes and live independently. As a Meals on Wheels volunteer, we can promise you will truly make a difference in the lives of the clients you serve.

ELIGIBILITY REQUIREMENTS

Volunteers must be 55 years of age and older.

APPLICATION PROCESS

You may download the application online at crtct.org.

Call the RSVP office to schedule an interview. Fill out an enrollment form. Then discuss your interests with staff. Some volunteer opportunities require additional forms and background checks. Once accepted, you will receive training, as applicable.

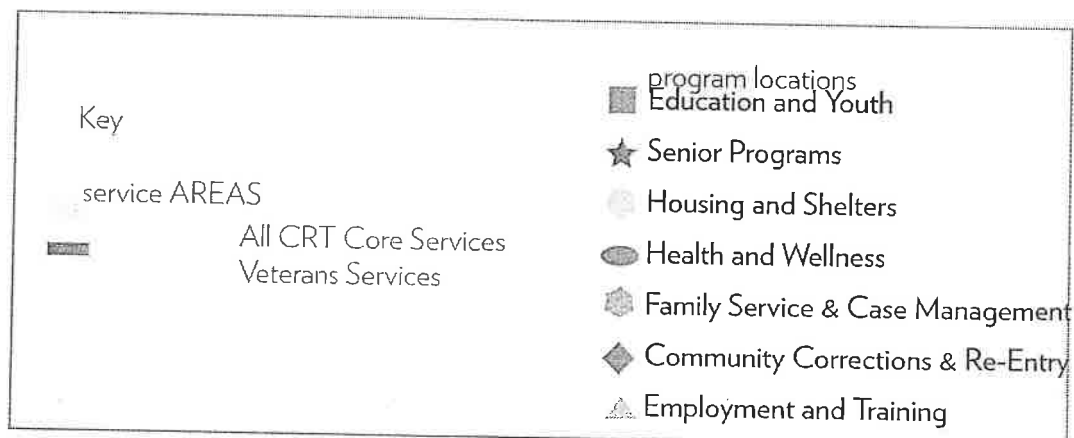
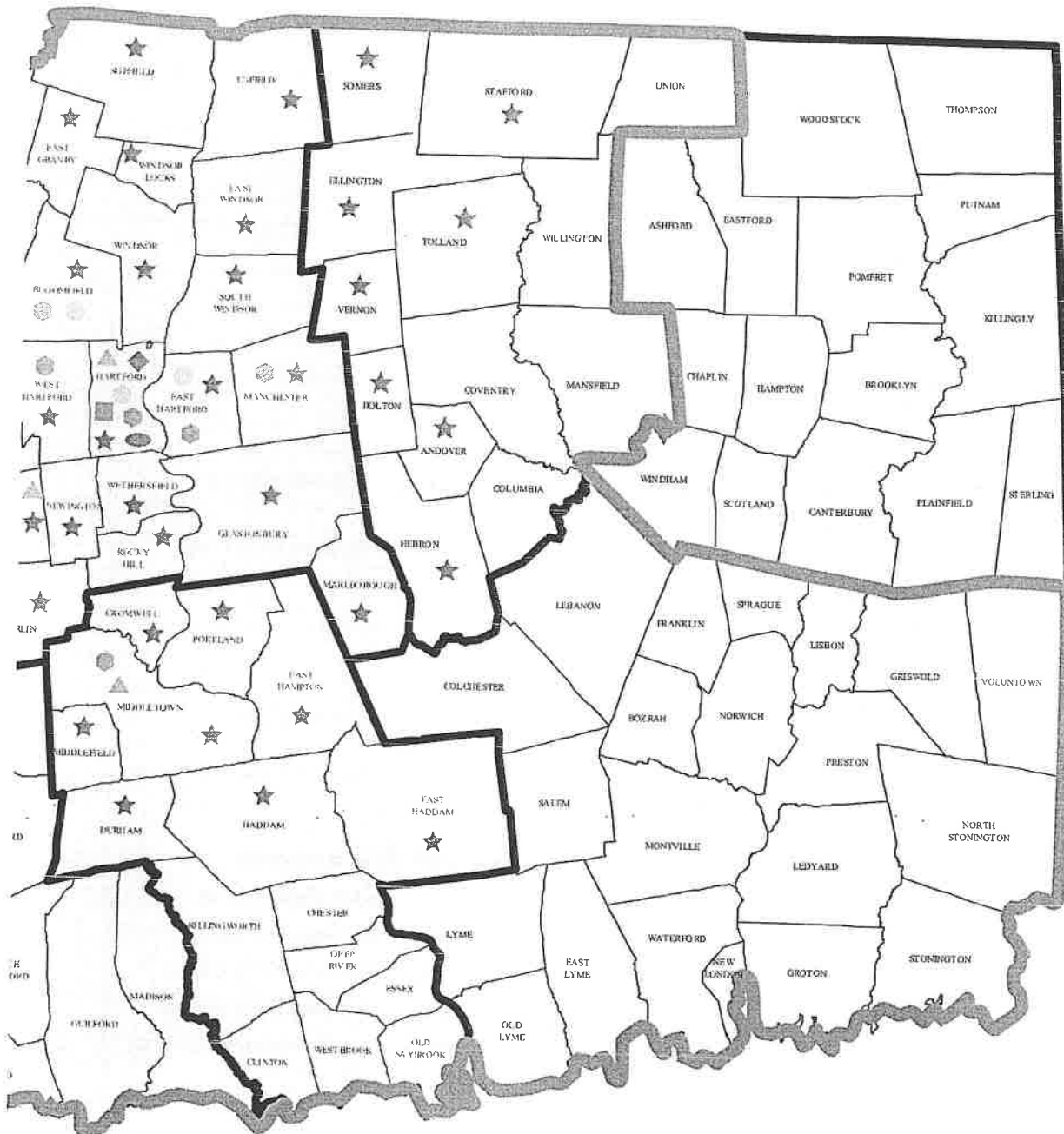
SERVICE HOURS AND LOCATIONS

160 Coventry Street, Bloomfield
(860) 519-3484

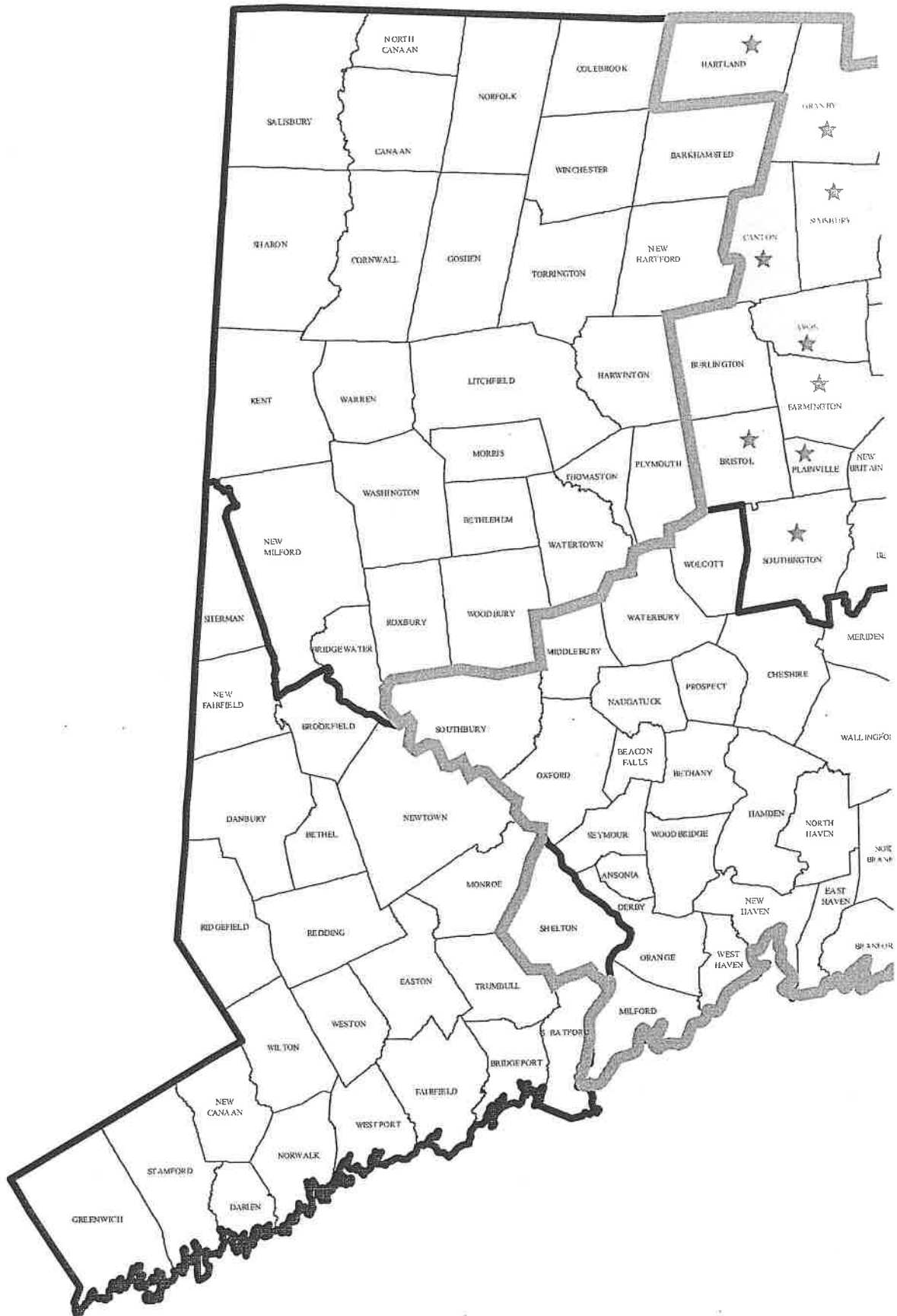
Office Hours: By appointment

Service available in 45+ towns in the Greater Hartford/Central CT area.



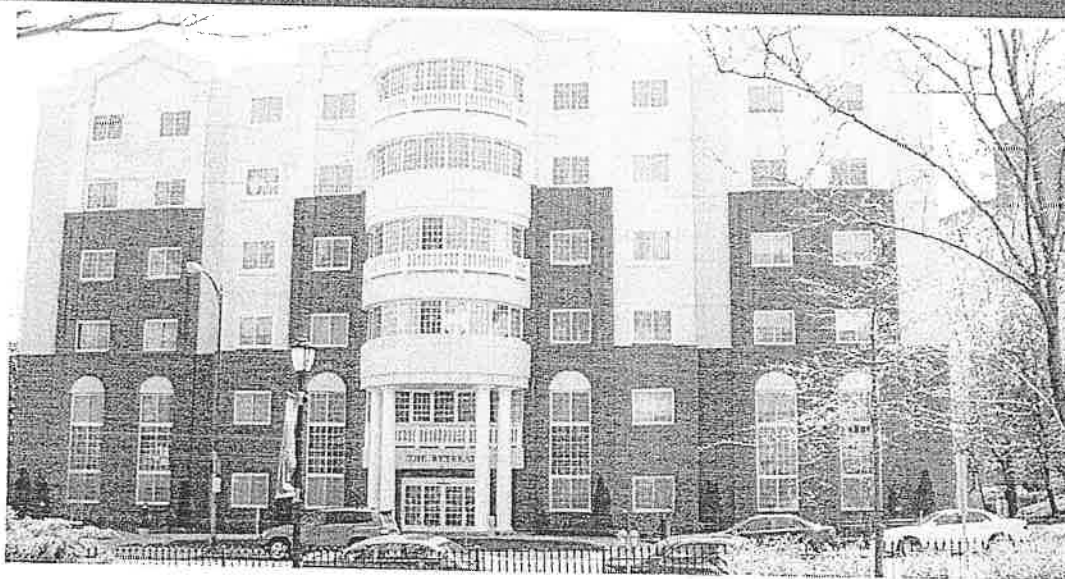


CRT MAP OF SERVICES



Community Renewal Team
Changing lives... Creating opportunity!

SENIOR SERVICES



The Retreat

The Retreat is an affordably priced assisted-living community, one of the first of its kind in Connecticut. Our community consists of 100 apartments with a combination of studios and one-bedrooms. Private bathrooms, step or roll-in showers, kitchenettes, individually controlled heat and air conditioning and 24-hour emergency response system are standard features of each apartment. All homes are wheelchair accessible.

At The Retreat, we believe that receiving appropriate medical care is the foundation for living a quality life. We have excellent on site medical care to keep our members as healthy as possible.

SERVICE HOURS AND LOCATIONS

90 Retreat Avenue, Hartford
Facility open 24 hours 7 days a week
Office Hours: 8 am – 5 pm
For more information call:
(860) 560-CARE (2273)

Members and their guests can enjoy each other in any one of our five Family Rooms. Social and recreational gatherings are at our members' fingertips and based on their interests. The "Civic Center" activity room offers a place for meeting friends and making new ones. Our members enjoy trips to local and state-wide attractions, join in games, arts and crafts or play rounds of billiards.

Our special rentals and care subsidies help our members avoid needless financial worries and support their independence. All staff and residents are fully vaccinated against COVID-19.

APPLICATION PROCESS

Applicants should make an appointment with a Care and Service Coordinator.

ELIGIBILITY REQUIREMENTS

For seniors 65 and older. Income requirements vary, depending on individual financial situation.

Meals on Wheels

Homebound seniors can receive healthy lunches and dinners delivered to their door, every week day. Seniors must live in CRT's communities within Hartford, Tolland, and Middlesex counties. Volunteers and staff provide social interaction through daily contact. After orders are placed, hot lunches and cold suppers are delivered next day. Weekend meals are delivered on Thursday and Friday. Special diets and textures are available.

A \$3.00 donation per meal is suggested to help cover costs. However, no one is denied a meal if unable to donate.



ELIGIBILITY REQUIREMENTS

Participants must

- Be 60 years of age or older, or spouse
- Be unable to eat at a community meal site
- Be assessed by staff as 'homebound'

APPLICATION PROCESS

Referrals are accepted from doctors, hospitals, VNAs, town social service departments, relatives and other concerned persons or agencies. An interview and/or home visit is required to assess need.

Once approved, we will call your doctor for a diet order. Meals will begin within two days of receiving the diet order.

SERVICE HOURS AND LOCATIONS

Contact the CRT Home Care Coordinator at (860) 560-5828 to obtain meals or make a referral.

555 Windsor Street, Hartford

(860) 560-5848

Mon - Fri: 8 am - 4 pm



The McKinney

Our 78 bed shelter for men offers overnight beds, dinner, breakfast, and showers. Preference may be given to Hartford residents. A single stay can last up to 90 days. Medical screening and immunization provided. Case managers assist with securing permanent housing and provide referrals to other services. Staff speaks English and Spanish.

Staff helps with housing, jobs, counseling, drug/alcohol use, mental illness, HIV/AIDS and other issues.

ELIGIBILITY REQUIREMENTS

Due to the new Coordinated Access Network, those in need of housing must call 211.

When an opening becomes available the program informs the Coordinated Access Network and then an assessment will be conducted.

APPLICATION PROCESS

The shelter is open to men

18 and older, or emancipated youth with proper documents

Who are willing to follow shelter rules

Client information will be entered into the CT Homeless Management Information Systems

SERVICE HOURS AND LOCATIONS

207 Brainard Road,
Hartford, CT 06114

Call 211 for screening and to find out about beds available.

Hours of Operation:
Mon - Sun: 4 pm - 8 am

Day program:
Mon - Sun: 8 am - 4 pm
with 24-hour staffing for referrals

Permanent Supportive Housing

Supportive housing for homeless adults and families is offered on a permanent basis. Residents live in scattered-site apartments and pay 30% of their adjusted gross income toward rent. All applicants must be homeless to qualify.

Participants have access to CRT's full range of services and programs. A caseworker will help plan and access services. Get help with job training and placement. Help with life skills and budgeting is available. Survivors of domestic abuse find committed staff who can help with safety planning. Counseling is provided to help with mental illness or alcohol/drug abuse. Staff speaks English and Spanish.



ELIGIBILITY REQUIREMENTS

All supportive housing programs work with people who are literally homeless, living in a shelter, car, abandoned building, or place not meant for human habitation.

Applicants must:

- Be 18 or older
- Provide documentation of history of being homeless
- Be able to put utilities in own name
- Client information will be entered into the CT Homeless Management Information System.

APPLICATION PROCESS

Due to the new Coordinated Access Network, those in need of housing must call 211.

When an opening becomes available the program informs the Coordinated Access Network and then an assessment will be conducted. If accepted, the resident must find an apartment that falls within program guidelines and passes inspection. Case worker will help resident to find an affordable apartment within allowed time frame.

SERVICE HOURS AND LOCATIONS

8 Stonington Street, Hartford
(860) 560-5790
 Mon-Fri: 8am-4pm





Housing Counseling

Homeowners of all income levels may be able to avoid foreclosure by getting Housing Counseling at the first sign of trouble. Services can begin before a foreclosure notice is issued.

CRT Housing Counselors help people understand their options, work with their lenders, and possibly lower their monthly payments. CRT will assist with the application process.

Options may include:

- **Modify Your Loan** – You may be able to lower your monthly mortgage payments.

- **Refinance Your Home** – You may be able to refinance your home, even if you've been turned down in the past.
- **Manage "Underwater" Loans** – If you owe more than your property is worth, you may be able to lower your principal balance.
- **Negotiate Forbearance** – You may be able to freeze payments for up to 18 months.
- **Receive referral to other homeowner assistance resources.**
- **Exit Your Home** – You may be able to move into affordable housing, without going through foreclosure.

ELIGIBILITY REQUIREMENTS

All Connecticut residents are eligible for housing counseling, regardless of income level.

SERVICE HOURS AND LOCATIONS

330 Market Street, Hartford
(860) 761-2381
 Mon – Fri: 8 am – 4 pm

APPLICATION PROCESS

You may download the application online at crtct.org or pick up an Intake Package at CRT's Resource Center located at 330 Market Street. Once completed, Intake Packages should be dropped off or mailed to CRT attn: Housing Counseling 330 Market St., Hartford, CT 06120.

A Housing Counselor will review the package and contact the participant.



Generations: Grandparents Raising Grandchildren

Searching for an affordable community to raise your grandchildren? Affordable multi-bedroom townhouses for grandparents with legal custody of their grandchildren are available on the CRT Generations campus. Apartments are located at 35 Clark Street in Hartford. Income limits apply. Staff speaks English and Spanish.

Children get services that help growth and learning. Educational activities are held after school and on weekends. After school programs and a full computer lab help children succeed in school. Caseworkers

support grandparents as they handle daily parenting and meet family needs. Workshops and social activities help grandparents help their children. There are also 16 apartments for seniors without children. (See Senior Affordable Housing, page 23.)

SERVICE HOURS AND LOCATIONS

35 Clark Street, Hartford

(860) 324-0481

Mon - Fri: 8 am - 4 pm

For resident applications and tenant issues: 555 Windsor Street, Hartford

(860) 895-6625

Mon - Fri: 8 am - 4 pm

APPLICATION PROCESS

The following papers will be needed:

- Custody papers
- Proof of income
- Birth certificates or other proof of age
- Valid Social Security cards
- CT State ID card

ELIGIBILITY REQUIREMENTS

Grandparents must:

- Be income qualified
- Be a U.S. citizen, national or eligible non-citizen
- Have legal custody of their grandchildren
- Grandchildren must be under the age of 18 years.





East Hartford Family Shelter

CRT's 40-bed shelter in East Hartford accommodates women and men with children. A safe place with beds, showers, meals, and case management. Preference may be given to residents of East Hartford. Staff speaks English and Spanish.

The family shelter is open 24 hours a day. A parent or guardian must be with their children at all times. We help families keep children in school, access benefits and services, find work and move into permanent housing.

ELIGIBILITY REQUIREMENTS

- Sex offenders and arsonists are not accepted.
- Homeless adult with at least one child
- 18 or older (or children with an adult)
- Open to case management with the goal of housing
- Willing to follow shelter rules
- Able to care for themselves
- Bring a form of identification
- Client information will be entered into the CT Homeless Management Information Systems
- During COVID-19, this shelter is not operating at normal capacity to help ensure the health and safety of its residents and staff.

SERVICE HOURS AND LOCATIONS

Operating Hours:

24 hours per day, 7 days per week

To check on bed availability,
contact: 211

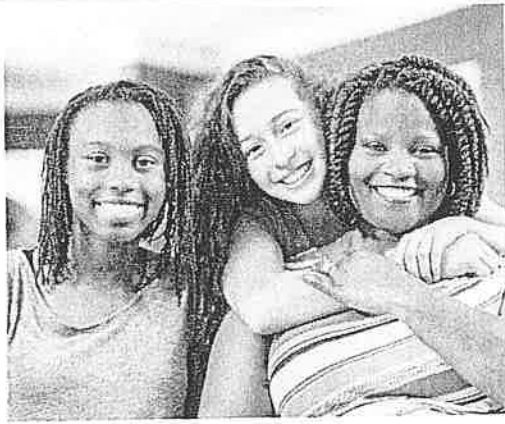
(860) 568-0323 ext 222

After 4 pm, call (860) 568-0323 ext 226

APPLICATION PROCESS

Due to the new Coordinated Access Network, those in need of housing must call 211.

When an opening becomes available the program informs the Coordinated Access Network and then an assessment will be conducted.



Community Housing Assistance Program (CHAP) & Community Housing

This program helps youth aging out of Connecticut's foster care system as they transition to living on their own. Youth must be attending an educational program (certificate, technical school, two- or four-year college) for CHAP, which offers help locating and paying for an apartment, handling money successfully, finding work and living independently. Case management services are available until a participant reaches the age of 21.

CHEER – or Community Housing Employment Enrichment Resources helps young adults who are engaged in 40 hours per week employment.

ELIGIBILITY REQUIREMENTS

- DCF committed adolescents referred by their DCF Social Worker
- DCF adolescents who have successfully completed or are enrolled in an accredited Community Life Skill Program
- Must be between the ages of 18-21
- Must be enrolled in a full-time educational program certificate, technical school, two- or four-year college OR working full time
- Residents of Hartford or Middlesex counties.

APPLICATION PROCESS

Referrals are only accepted from the CT Department of Children and Families (DCF).

A DCF referral packet is required.

SERVICE HOURS AND LOCATIONS

Services are available 24 hours per day 7 days per week. Scattered site apartments managed at:

35 Clark Street, Hartford
(860) 319-0556 or (860) 324-0481
Mon-Fri: 8am-4pm



Affordable Housing

CRT owns and manages four affordable rental housing properties in Hartford. Spacious apartments range from one to four bedrooms in the following property locations:

Jackie Schaeffer Apartments

711 Garden Street, Hartford

2 & 3 bedroom apartments for low-moderate income tenants. Subsidies available for 2 bedroom units. Accepts Section 8 for 3 bedroom units.

Wethersfield Commons

32-34 & 36-38 Wethersfield Ave, Hartford

Spacious 2, 3 and 4 bedroom affordable apartments. No Subsidies. Accepts Section 8.

Generations Grandfamily Housing

35 Clark Street, Hartford

Affordable 2, 3, and 4 bedroom townhouses for grandparents with legal custody of their grandchildren. Units are subsidized.

Generations Senior Housing

35 Clark Street, Hartford

1 bedroom apartments for seniors 62 or over. Units are subsidized.

Coventry Place

160 Coventry Street, Bloomfield

Modern, handicapped accessible 1-bedroom apartments for seniors 62 or over. Units are subsidized.

ELIGIBILITY REQUIREMENTS

All residents must be income qualified and US citizens, national or eligible non-citizens. Other requirements vary by program.

APPLICATION PROCESS

Picked up application at address below.

SERVICE HOURS AND LOCATIONS

555 Windsor Street, Hartford
(860) 910-4206
Mon - Fri 8 am - 4 pm





Child Nutrition

Free Meals for Children in Preschool

For CRT's Infant & Toddler Program:

Children enrolled in CRT's infant and toddler programs receive free, healthy meals and snacks. The breakfast, lunch and afternoon snack follow the nutrition guidelines of the Child and Adult Care Food Program (CACFP). Infant formula and baby food are provided based on each baby's age and feeding skills. Teachers encourage independent feeding skills and promote healthy habits to last a lifetime.

For CRT's Preschool Program:

Children enrolled in CRT's preschool program receive free, healthy meals and snacks. The breakfast, lunch and afternoon snack follow the nutrition guidelines of the Child and Adult Care Food Program (CACFP). Meals and snacks are high in nutrients and low in added sugar, salt, and fat. Nutritious foods and encouragement from teaching staff promote healthy eating habits that can last a lifetime.



Summer Food

Free Healthy for Kids All Summer

CRT helps to administer a free Summer Food Service Program for school-age children (5 – 18 years old) at locations in Hartford and neighboring towns each summer. This important program provides free breakfast and/or lunches to students during the critical summer months when school is not in session, and children are missing out on access to school-time meals.

ELIGIBILITY REQUIREMENTS

This institution is an equal opportunity provider. All children are welcome at open (drop-in) sites. Contact CRT if you would like to be considered as a possible summer meal site.

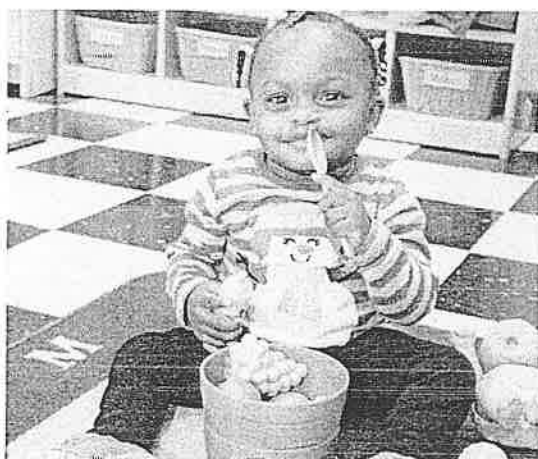
SERVICE HOURS AND LOCATIONS

555 Windsor Street, Hartford

(860) 560-5828

Mon - Fri 8 am - 4 pm

CRT offers free meals in more than 11 towns; Please see our website for a complete list of locations.



Infant/Toddler Day Care

CRT offers high quality, early childhood education for infants and toddlers from six weeks of age until they are ready to enter preschool. Caring staff provide safe, stimulating and nurturing care in our licensed NAEYC accredited centers. Healthy meals and snacks are provided. Families have access to all CRT services.

Infant & Toddler Care is a program that charges fees on a sliding scale, based on income and family composition.

Infant & Toddler Care and Education is offered at two sites in Hartford. All centers are open year-round, offering full day, full year care. Call to find out which location will suit your family's needs. Staff speaks English and Spanish.

ELIGIBILITY REQUIREMENTS

Eligibility is based on the child's age and household income, and fees are on a sliding scale, based on family size and income.

APPLICATION PROCESS

You may complete a pre-registration online at crtct.org.

Call for an appointment or walk in to any CRT ECE site or Resource Center (listed on page 2).

Please bring the following papers with you to apply:

- Child's birth certificate
- Social Security Card for child (optional)
- Medical insurance card for child
- Child's current physical exam (good for one year)
- Proof of address (lease, utility bill, bank statement)
- Proof of household income for one-month (for example: tax return, W-2 Form, Unemployment compensation, pay stubs, budget sheets)

SERVICE HOURS AND LOCATIONS

Early Care and Education Enrollment Office

(860) 560-5401

Mon - Fri 7:30 am - 5:30 pm

Ritter Center

555 Windsor Street, Hartford

Job Corps Early Care Center

100 William Campbell Blvd., Hartford

School Readiness

CRT offers affordable, high quality, licensed School Readiness and Child Day Care programming for more than 200 children. Centers use the research based Creative Curriculum, so that all children enter school ready to learn and succeed.

Engaging, modern classrooms offer an excellent learning environment, where skilled staff meet the needs of the whole child: educationally, social-emotionally, and cognitively. All children are welcome.

Healthy meals and snacks are provided. Families have access to all CRT services and programs. Parents can volunteer in classrooms, take workshops on child development and participate in family activities.

Our centers are located in several sites throughout Hartford. We encourage you to come in for a tour!

Class schedules vary; choose a schedule that meets your family's needs. Staff is bilingual.

ELIGIBILITY REQUIREMENTS

Eligibility is based on the child's age and household income, and fees are on a sliding scale, based on family size and income.

APPLICATION PROCESS

You may complete a pre-registration online at crtct.org.

Call for an appointment or walk in to any CRT ECE site or Resource Center (listed on page 2).

Please bring the following papers with you to apply:

- Child's birth certificate
- Social Security Card for child (optional)
- Medical insurance card for child
- Child's current physical exam (good for one year)
- Proof of address (lease, utility bill, bank statement)
- Proof of household income for one-month (for example: tax return, W-2 Form, Unemployment compensation, pay stubs, budget sheets)

SERVICE HOURS AND LOCATIONS

Early Care and Education Enrollment Office

(860) 560-5401

Mon - Fri 7:30 am - 5:30 pm

Ritter Center

555 Windsor Street, Hartford

Job Corps Early Care Center

100 William Campbell Blvd., Hartford





Weatherization Home Energy Solutions - Income Eligible (HES-IE)

Lower your electric bills and reduce heat costs by weatherizing your home. CRT can help renters and homeowners by sealing up leaks and reducing both water and energy usage.

A certified technician looks for ways to make your home more comfortable and energy efficient. This service is free for low and middle income qualified households. Call to see if you meet income guidelines!

This program is administered by CRT and supported by Eversource, United Illuminating, the Connecticut Energy Efficiency Fund, the Department of Energy and Environmental Protection, and the Department of Social Services.

SERVICE HOURS AND LOCATIONS

555 Windsor Street, Hartford, 2nd Floor
(860) 560-5354
Mon - Fri 8 am - 4 pm

ELIGIBILITY REQUIREMENTS

Many weatherization participants are enrolled in the Connecticut Energy Assistance Program or Temporary Assistance for Needy Families. All Connecticut households can benefit from this program.

APPLICATION PROCESS

You may download an application at crtct.org. Many people complete applications at their local Energy Assistance office. Applications are accepted year round. Please call for more information on the free service. Staff speaks English and Spanish.

Applicants for free weatherization must provide the following:

- Proof of household income - last four pay stubs for work or pension/retirement
- Proof of rental income if applicable
- Proof of unemployment, if applicable
- Proof of Social Security/Disability
- Proof of state assistance



Energy and Water Assistance

This program helps renters and homeowners pay for heat. Low- to moderate-income households get help paying utility or fuel bills. Home heating includes oil, natural gas, electricity, propane, kerosene, or wood. Even if heat is included in your rent, you may be able to get a one-time cash payment. You can also get help making your home more energy-efficient.

One-time Water-Assistance Grants are available as well. CRT may be able to assist with your household water expenses. Applications are accepted as part of the Energy Assistance program from September to May.

ELIGIBILITY REQUIREMENTS

Eligibility is based on household size, income, and assets. Households with a gross annual income at 200% federal poverty level or below will usually be eligible. The utility must be billed in the name of an adult member of the household.

SERVICE HOURS AND LOCATIONS

Main Energy Assistance Office
395 Wethersfield Avenue, Hartford

Hotline: (860) 560-5800

CRT has intake offices in many towns. A full list can be found on CRT's website or call 2-1-1.

Mon - Fri: 8 am - 4 pm

Evening and Saturday appointments are also available.

Those seeking services should call the hotline first.



Community Renewal Team
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SNAP Outreach

The Supplemental Nutrition Assistance Program (SNAP), formerly known as the Food Stamp program, is a nutrition program funded and administered by the United States Department of Agriculture (USDA) Food and Nutrition Service. The program helps low-income individuals and families buy food and provides nutrition education to help recipients choose foods that enhance their health and well-being. CRT assists low-income families in learning about SNAP and determining eligibility to apply for the program by providing the following services:

- Eligibility pre-screening & application assistance
- Community partner information sessions
- Community event information sessions
- Social marketing campaign

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider.

SERVICE HOURS AND LOCATIONS

395 Wethersfield Avenue, Hartford
(860) 560-5881

32 Washington Street, Middletown
(860) 347-4465

ELIGIBILITY REQUIREMENTS

Low-income individuals and families from the Greater Hartford and Middlesex areas are eligible.



SSBG Case Management

Case management services for individuals is delivered through CRT's Steps-to-Success process. Staff partners with individuals to identify needs and set life changing goals.

Help is offered with clothing, food, job leads, housing assistance, budgeting help. Financial assistance for those in crisis may be available on a case-by-case basis.

ELIGIBILITY REQUIREMENTS

Connecticut residents at least 18 years old whose income is not more than 150% of the federal poverty level.

APPLICATION PROCESS

Individuals complete an assessment of possible need and provide:

- Valid photo ID
- Proof of household income
- Social Security cards for all members of the household
- Birth certificates for all members of the household

SERVICE HOURS AND LOCATIONS

Office Hours, (unless otherwise noted):

Monday - Friday: 8 am - 4 pm

Applications are taken at these locations:

330 Market Street, Hartford

(860) 560-5149

395 Wethersfield Avenue, Hartford

(860) 560-5881

32 Washington Street, Middletown

(860) 347-4465

Food Assistance

CRT has food programs to help people in Hartford county. Many Connecticut people are fed through these food assistance programs including thousands of children and seniors each year. CRT Resource Centers distribute emergency food to individuals and families.

Call to see if food is available.

Mobile Foodshare mobile distribution sites are located throughout greater Hartford. Listing at www.Foodshare.org.

Senior Community Cafés offer lunch to people 60 years or older and their spouses or caretakers. See page 24.

Meals on Wheels are available to seniors who are homebound. See page 18.

The Summer Food program for children is available in many area towns to children 18 years or younger. See page 10.

For Food Pantry go to one of the CRT Resource Centers in Hartford.



SERVICE HOURS AND LOCATIONS

Monday - Friday: 8 am - 4 pm
(with special hours when posted).

330 Market Street, Hartford
(860) 560-5149

395 Wethersfield Avenue, Hartford
(860) 560-5881

32 Washington Street, Middletown
(860) 347-4465

Resource Centers

CRT Resource Centers are the gateway to all CRT services. Staff help individuals and families get immediate help and refer them to the social services programs they need. Case managers help people set and meet their goals.

Resource Centers are located in Hartford and Middletown. Many services are also offered in West Hartford, Bloomfield, Manchester and East Hartford. Staff speaks English and Spanish.

Caseworkers help people meet basic needs such as emergency food, clothing, and energy assistance. Housing, jobs, training, social services, taxes, budgeting, and other needs are assessed. Referrals are made to CRT and other agencies as needed to address household needs.

Onsite services include:

- Individual case management
- Computer and Internet access
- Job listings
- Food
- Energy Assistance
- VITA free tax filing
- Foreclosure Prevention
- Childcare and preschool applications

Persons who are experiencing or facing homelessness must contact 211/infoline to register for shelter services.



APPLICATION PROCESS

For information, a referral, and case management services, individuals must apply at one of the Resource Centers. The application process for specific CRT programs varies by program.

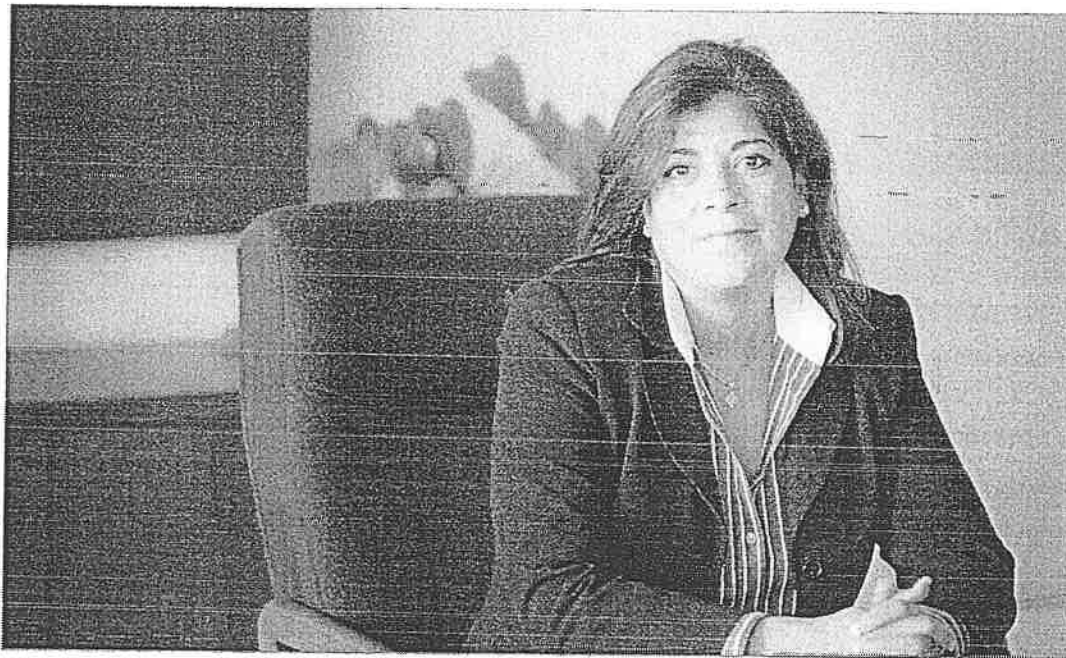
SERVICE HOURS AND LOCATIONS

Monday - Friday: 8 am - 4 pm
(with special hours when posted).

330 Market Street, Hartford
(860) 560-5149

395 Wethersfield Avenue, Hartford
(860) 560-5881

32 Washington Street, Middletown
(860) 347-4465



A Message from Lena Rodriguez, President and CEO

Dear Friend and Colleague:

Please take a moment to browse through this booklet. As you will see, CRT offers a vast array of services – more than 60 in all – in communities throughout Central Connecticut. From the youngest in our infant/toddler classrooms to the oldest residents of our unique assisted living, CRT supports our region's citizens. We are constantly seeking to address gaps in services such as the need for affordable day care and housing for homeless veterans.

I hope that you will use and refer others to these fine services. But I also hope that you will help us identify and address the community's unmet needs. CRT's dedicated staff is helping people move from daily struggle to sustainable comfort. By working together we can go "beyond the basics" and focus on the deeper issues of poverty and inequity. The services are also described on our website, crtct.org, where you can also fill out online applications for many of our programs.

A handwritten signature in dark ink, appearing to read "Lena Rodriguez". The signature is fluid and cursive, with the first name "Lena" and last name "Rodriguez" clearly distinguishable.

Lena Rodriguez, President and CEO



Community Renewal Team
Changing lives... Creating opportunity!

About CRT:

As the designated community action agency for both Hartford and Middlesex Counties, the **Community Renewal Team (CRT)** is dedicated to helping people take steps toward healthy and economically stable futures.

Since 1963, our 501(c)3 nonprofit organization has partnered with local elected officials, providers, funders, businesses and the community to address challenges like hunger, homelessness, unemployment and poverty.

Together, we increase access to education, affordable housing, mental health services and much more for thousands of individuals and families throughout Central Connecticut each and every year.

CRT's service delivery area includes 40 of Connecticut's 169 towns, and stretches from the Massachusetts border to the Long Island Sound.

We serve our communities by listening to their concerns, encouraging systems of change, developing new models to address challenging needs, and work together to solve social problems.

We foster independence and skill building with a diverse network of programs, while encouraging individuals and families to take steps toward long-term and stable futures.

We recognize that participants experience longer-term benefits from a holistic approach to case management. Through our Steps to Success case management process, we offer the opportunity to address a wide range of needs and challenges.

Our accountability systems track program outcomes and impact on the communities we serve enabling us to continually improve and enhance CRT programs.

FOR MORE INFORMATION PLEASE
VISIT OUR WEBSITE **CRTCT.ORG**

PROFILE OF SERVICES

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Community Renewal Team
Changing lives... Creating opportunity!



Our Mission

“Preparing Our Community to Meet Life’s Challenges.”

We help everyone who comes to our door with resources for both immediate needs and longer-term goals.

Our network of programs, services and experiences strengthen individuals, families, and communities and provide opportunities for growth and economic stability.

FOR MORE INFORMATION PLEASE
VISIT OUR WEBSITE **CRTCT.ORG**



Community Renewal Team
Changing lives... Creating opportunity!

PROFILE OF SERVICES

www.crtct.org



Nuestro Compromiso

“Cambiando vidas... Creando oportunidades”

Siempre nos ha impulsado nuestro propósito, que es ayudar a las personas a cambiar sus vidas y crear oportunidades para ellos y sus familias.

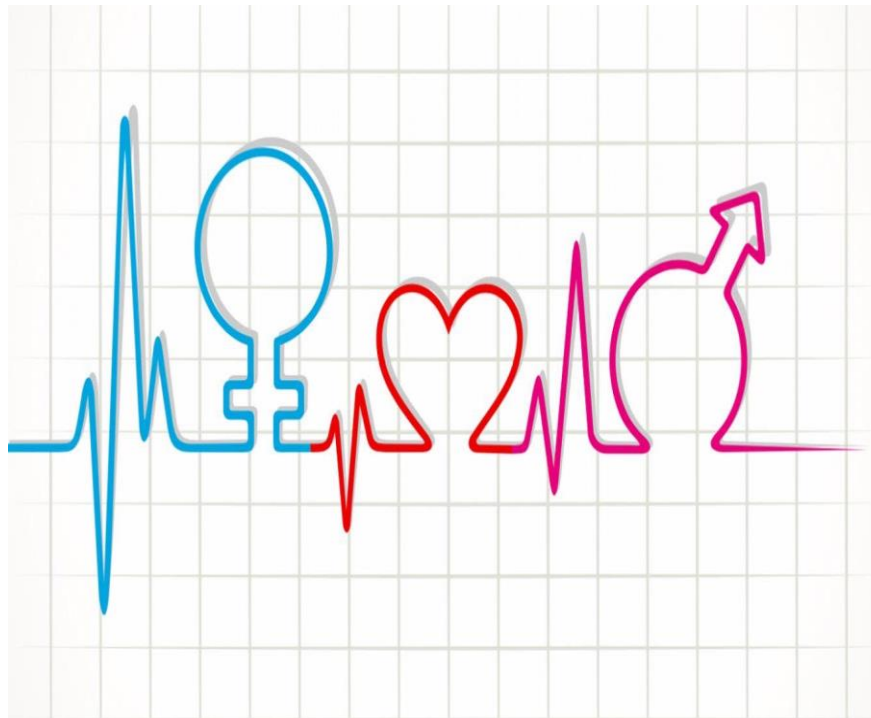
Incluso antes de que CRT. Fuera una organización oficial, nuestros fundadores estaban a la vanguardia del cambio comunitario. Ya en 1963, CRT. participó activamente en ayudar a las comunidades del área de Hartford que estaban experimentando los impactos de la pobreza.

Nuestra misión:

Nuestra misión, Preparar a nuestra comunidad para enfrentar los desafíos de la vida, nos impulsa a ayudar a todos los que llegan a nuestra puerta.

Como agencia de acción comunitaria para los condados de Hartford y Middlesex, CRT ayuda a las personas y familias a acceder a recursos que les ayudarán a satisfacer sus necesidades inmediatas y a largo plazo, mejorar las habilidades laborales, mantener o aumentar su independencia, estabilizar las situaciones de vida y alcanzar las metas educativas. Sabemos que nuestro trabajo es importante para nuestra comunidad.

Programa de Salud Sexual.



Servicios de Intervención Temprana.

El personal de CRT ofrece una variedad de servicios en cuanto a salud sexual.

CRT ofrece pruebas, educación y asesoramiento para personas que viven con el VIH o que están en riesgo de infección. Póngase en contacto con nosotros, háganos saber cómo podemos ayudarle



Pruebas gratuitas y confidenciales (Servicios de Intervención Temprana)

CRT ofrece pruebas gratuitas y confidenciales a personas con alto riesgo de contraer el VIH/SIDA y Hepatitis C. Los resultados están disponibles en 20 minutos. Si las pruebas son reactivas, el personal conectará a los participantes con servicios como: citas médicas, servicios de asesoramiento, administración de casos y otro tipo de apoyo. Para enfermedades de transmisión sexual realizamos referidos para citas médicas.

Para más información, comuníquese con:

Jean Carlos Negrón al (860) 849-7556.

PREP/ EDUCACION:

PrEP (*profilaxis previa a la exposición*) es una forma de prevenir la infección por el VIH a las personas que no tienen el VIH, pero que se considera de alto riesgo de contraerlo, tomando una pastilla al día. Nuestro personal guía a las personas VIH negativas en nuestra comunidad para que se eduquen e investiguen sobre las posibilidades de tomar la PrEP como método de prevención para reducir la infección por el VIH. En las sesiones individuales confidenciales, nos enfocamos en una vida saludable y cambios de comportamiento positivos. Los servicios de navegación de PrEP son gratuitos. Para obtener más información, comuníquese con: **Jean Carlos Negrón al (860) 849-7556.**



PrEP es un método de prevención en el que las personas que no tienen la infección por el VIH toman una pastilla diariamente para reducir el riesgo de infectarse.

PEP/ EDUCACION:

PEP es una combinación de medicamentos contra el VIH que puede detener el control del virus. Se puede usar después del evento si ha estado en riesgo de transmisión del VIH. **Para que funcione, la PEP debe tomarse dentro de las 72 horas (tres días), y debe tomarse lo antes posible, idealmente dentro de las 24 horas.** Para obtener más información, comuníquese con: **Jean Carlos Negrón (860) 849-7556**



Servicios de Consejería:

CRT brinda asesoramiento a las personas que viven con el VIH/SIDA, sus parejas y familiares. La consejería puede abordar los factores estresantes de la vida, vivir con el VIH y los problemas de salud mental y abuso de sustancias. Los servicios también incluyen el manejo de medicamentos psiquiátricos y las derivaciones a un nivel de atención más intensivo y más alto (si es necesario), como los servicios intensivos para pacientes ambulatorios. Tanto la consejería individual como la grupal son confidenciales. Para más información, comuníquese: **(860) 761-7908**

CRT Commitment

Changing Lives... Creating Opportunity

We have always been driven by our purpose—which is to help people change their lives and create opportunities for themselves and their families. Even before Community Renewal Team was an official organization, our founders were on the leading edge of community change. As early as 1963, CRT was actively engaged in helping Hartford area communities which were experiencing the impacts of poverty.

Our Mission:

Our mission, *Preparing Our Community to Meet Life's Challenges*, drives us to help everyone who comes to our door. As the community action agency for Hartford and Middlesex counties, CRT helps individuals and families access resources that will help them meet immediate and longer-term needs, improve job skills, maintain, or increase their independence, stabilize living situations, and achieve educational goals. We know that our work matters to our community.



Sexual Health Services.



Early Intervention Services

CRT staff offer a variety of Sexual Health Services. CRT offers HIV testing, education and counseling for people who are living with HIV or who are at risk of infection. Contact us, let us know how we can help.



Free & Confidential Testing **(Early Intervention Services)**

CRT offers free, confidential testing to people at high risk of contracting HIV/AIDS and HEP C. Outreach staff meets people in the community or at the CRT office. Results are available within 20 minutes. If tests are reactive or for other STD test, staff will connect participants to services such as medical appointments, counseling services, case management, and other support. For information and a free HIV & HEP C test, please contact:

Jean Carlos Negrón at (860) 849-7556.

PrEP Services/Education:

PrEP (Pre-Exposure Prophylaxis) is a way for people who don't have HIV but who are considered high risk of getting it to *prevent* HIV infection by taking a one pill everyday dose. CRT guides HIV negative individuals in our community to get educated and enquirer to possibilities of taking PrEP as a prevention method to reduce HIV infection. In confidential one-on-one sessions, we focus on healthy living and positive behavior changes. PrEP Navigation services are free. For more information on PrEP Education, please contact: **Jean Carlos Negrón** at 860-761-5467 (office), 860-849-7556 (cell) or at negronj@crtct.org



PrEP is a new prevention method in which **people who do not have HIV** infection **take a pill daily to reduce their risk** of becoming infected.

PEP/ Education:

PEP is a combination of HIV drugs that can stop the virus taking hold. It can be used after the event if you've been at risk of HIV transmission. To work, PEP must be taken within 72 hours (three days), and should be taken as soon as possible, ideally within 24 hours. PEP Navigation services are free. For more information on PEP Education, please contact: **Jean Carlos Negrón** at 860-761-5467 (office), 860-849-7556 (cell) or at negronj@crtct.org



Counseling Services:

CRT provides counseling to those living with HIV/AIDS, their partners and family members. Counseling can address life stressors, living with HIV, and mental health and substance abuse issues. Services also include psychiatric medication management and referrals to a more intensive, higher level of care (if needed) such as Intensive and Both individual and group counseling is confidential.

For more information, please contact: **(860) 761-7908**.



Transitional Case Management at CRT

The goal of the Transitional Case Management program (TCM) is to help ensure a successful transition back into the community.

This is accomplished through intensive case management and treatment.

Let CRT assist you with building upon your strengths and achieving your life goals.



Are you:

- 18 years old or over
- Male
- Recently released from prison
- History of substance use
- A resident in the Hartford area

Benefits:

- | | |
|---|---|
| • Walmart Gift Cards (up to \$80!) | • Clothing, Shoes & Personal Care Items |
| • Behavioral Health Services | • Employment |
| • Education | • Housing |
| • Encouragement & Support | • Bus Passes |
| • Assistance with obtaining IDs, social security cards, birth certificates, health insurance, food stamps, etc. | |



If you or any one you know fit the criteria and are interested, please contact:

Shaquana Leggett, Forensic Case Manager
330 Market ST. Hartford, CT. 06120
860-761-7909 (Office) or 860-849-7847 (Cell)
leggetts@crtct.org (Email)

Casie DeRosier, Director of Integrated Services-MAT
330 Market ST. Hartford, CT. 06120
860-549-3350 (Cell)
derosierc@crtct.org (Email)



CRT's Women's Empowerment Center provides case management services to women or individuals identifying as women. Each member of WEC will work on individualized goals that will improve their quality of life. Members of the program will be offered various workshops that will be tailored to advancing progress on their goals.

A small children's play area is available for members who need to bring their children while they are receiving services. Life coaches will be available to assist members on their journey of redirecting their paths to living dynamic lives.

Community Renewal Team was founded in 1963 and is Central Connecticut's designated Community Action Agency. CRT helps individuals, families and communities work toward a stable and successful future. Programs include Meals on Wheels, School Readiness, homeless shelters and supportive housing, criminal justice services, comprehensive behavioral health, and programs for youth. To make a contribution, or find out how CRT can help you, please call (860) 560-5471.

 Like us on Facebook



Community Renewal Team
Changing lives... Creating opportunity!

Women's Empowerment Center
330 Market Street, Hartford, CT 06120
Phone: 860-761-7897

Women's Services



Community Renewal Team
Changing lives... Creating opportunity!

2019



Our Values:

- Act with integrity and responsibility
- Deliver quality programs and services
- Treat all people with dignity and respect
- Constantly pursue excellence



*Community Renewal Team's
Women's Empowerment Center ...
Inspiring members to take charge of their
destiny to live dynamic lives.*

*We envision a community in which
women, regardless of race, ethnicity,
income level, or social status are mentored
and empowered to reach their
full potential.*

*CRT's Women's Services supports women
by providing a supportive environment
where you can thrive and feel empowered
to improve your quality of life while
dealing with life's challenges.*

Women's Empowerment Center (WEC)

SERVICES

- A center that is a welcoming, safe point of entry for women to access holistic support services and mentorship.
- Personal development classes and support groups.
- Empowerment programs, conferences, leadership training, and workshops on a variety of topics such as financial literacy, entrepreneurship, career and workforce readiness.
- Opportunities to network with successful women in business, transcending social and economic boundaries, to build a bridge to economic stability.
- Comprehensive Behavioral Health Services.
- Intensive Case Management

ELIGIBILITY REQUIREMENTS:

Members of WEC are women or individuals identifying as women who live in Greater Hartford or Middlesex County.

APPLICATION PROCESS:

Individuals may walk in to the WEC or be referred by any provider. Membership is free.

SERVICE HOURS AND LOCATION:

WOMEN'S EMPOWERMENT CENTER

330 Market Street, Hartford, CT 06120

Phone: (860) 761-7897

Office Hours: Mon - Fri, 8 a.m.-4 p.m.

Evenings and weekends as scheduled

"Women helping each other — coaching, mentoring, and providing tips — is a great way for us to be our own force."

— Indra Nooyi



CRT NOW OFFERS **SUBLOCADE**

Sublocade is a once monthly extended-release Buprenorphine injection.



Keep moving towards recovery.

Eligibility:

- **18 years of age or older**
- **Not currently pregnant**
- **Have begun treatment on buprenorphine (suboxone), taken daily for a minimum of seven (7) days**
- **Stopped legal or illegal opioid drug/medication (other than prescribed suboxone medication)**



Sublocade is a monthly slow-release injectable medication that continuously releases buprenorphine all month with no daily ups and downs.



Receive:
Intensive Case Management,
Peer Recovery Support,
AND
Treatment Incentives!



Contact: Casie DeRosier
(860) 549-3350
derosierc@crtct.org
or
James Lynch
(860) 656-8302
lynchj@crtct.org.