Rushford

Hartford HealthCare- Behavioral Health Network

Hartford HealthCare
Rushford

RUSHFORD LOCATIONS

Main Campus

Meriden

883 Paddock Avenue, Meriden CT 06450

Silver Street

Middletown

1250 Silver Street, Middletown, CT 06457

Stonehaven

Portland

325 Main Street, Portland, CT 06480

MATCH Clinics

Glastonbury

110 National Drive, Glastonbury, CT 06033

Cheshire

680 South Main Street, Suite 204, Cheshire, CT 06410

Avon

35 Tower Lane, Avon, CT 06001

Ridge Recovery Center

Windham

289 Windham Road, Windham CT 06256

Hartford HealthCare
Rushford

What is Rushford?

Mission Statement

- Rushford is dedicated to meeting the substance use and mental health needs of adolescents, adults, and families.

- Working cooperatively with our Hartford Healthcare network partners and others who share our goals, Rushford strives to provide affordable, accessible services of proven effectiveness and high quality that embrace the most current research in prevention, treatment and recovery.

Accreditations

- Rushford is accredited by the Joint Commission on Accreditation of Healthcare Organizations
- Rushford is Licensed by the State of CT, DPH, and DCF

History

Rushford was founded in 1975 started as Tri-County Alcohol Council by a group of concerned Middlesex County citizens. Its purpose was to provide information on alcohol abuse and alcoholism and to act as a catalyst in developing services to prevent and treat alcoholism in Middlesex County.

RUSHFORD PROGRAMS

Adolescent Services

Clinical Day School

TBD

Day School offers state approved, private special ed services for adolescents receiving treatment at Stonegate as well as students referred by their local school district.

Ambulatory Services

Partial Hospitalization, Intensive Outpatient, and Outpatient Treatment for adolescents between ages 13 and 18 with Substance Use and Mental Health Disorders. Treatment setting includes medication management, individual, group, and family therapy. Program utilizes evidence based treatment inclusive of Seven Challenges and Dialectical Behavioral Therapy.

Care Coordination

In-home services for adolescents and their families. Care coordinators are able to service up to 50 families at any given time with helping families address potential gaps in meeting the adolescent's interrelated medical, social, behavioral, educations, and financial well being.

RUSHFORD PROGRAMS

MATCH Program

Cheshire

680 S. Main Street, Suite LL2, Cheshire, CT 06410

Partial Hospitalization, Intensive Outpatient, and Outpatient Treatment for adults with Substance Use and Mental Health Disorders. Initial psychiatric evaluations and medically assisted treatment options are also available.

Avon

35 Tower Lane, Avon, CT 06001

Intensive Outpatient and Outpatient Treatment for adults with Substance Use and Mental Health Disorders. Initial psychiatric evaluations and medically assisted treatment options are also available. Alternative therapies such as mindfulness, yoga, and sound healing are also offered.

Glastonbury

110 National Drive, Glastonbury, CT 06033

Partial Hospitalization, Intensive Outpatient, and Outpatient Treatment for adults with Substance Use and Mental Health Disorders. Initial psychiatric evaluations and medically assisted treatment options are also available. Alternative therapies such as yoga is also offered.

Middletown

1250 Silver Street, Middletown, CT 06457

Partial Hospitalization, Intensive Outpatient, and Outpatient Treatment for adults with Substance Use and Mental Health Disorders. Initial psychiatric evaluations and medically assisted treatment options are also available.

RUSHFORD Substance Use Residential Treatment PROGRAMS

ACE- medication withdrawal management

1250 Silver Street Middletown, CT

Number of clients: 19

Withdrawal management for co-ed adults who need detoxification from substances such as alcohol and opiates. Average length of stay is 3-5 days based on medical need and ASAM criteria.

ITP- Intensive treatment program

1250 Silver Street Middletown, CT

Number of clients: 42

3.7 Level of care residential treatment for co-ed adults with substance use disorders. 30 hours of weekly program services as well individual sessions weekly with clinicians. Average length of stay is 14-21 days based on ASAM criteria

Stonehaven

325 Main Street Portland, CT

Number of clients: 26

3.5 Intermediate level of care servicing both men and women. Assists clients into a sober community with structured daily activities and 20 hours of weekly program services, including weekly individual sessions with clinicians. Average length of stay is 30-60 days based on ASAM criteria.

The Ridge Recovery Center

Substance Use Residential Treatment

ACE

289 Windham Rd Windham, CT

Number of clients: 16

Withdrawal management for adults who need detoxification from substances such as alcohol and opiates. Average length of stay is 3-5 days based on medical need.

ITP

289 Windham Rd Windham, CT

Number of clients: 36

3.7 Level of care residential treatment for adults with substance use disorders. Holistic and evidence based approaches implemented into 30 hours of group therapy on a weekly basis as well weekly individual sessions with clinicians. Average length of stay 14-21 days based on ASAM criteria. Holistic Approaches include: Utilizing 55 Acres of land which includes hiking trails, AcuDetox, nutritional, movement (exercise), art and music therapy and Yoga.

Extended Stay

The Ridge Recovery Center has an extended stay option for individuals who would like to continue their recovery in a sober community environment. Recovery meetings, meals and fitness are included in this option. Additional services such as intensive outpatient, individual therapy, medication management are available.

RUSHFORD – PADDOCK AVENUE
LOCAL MENTAL HEALTH AUTHORITY

- The Department of Mental Health and Addiction Services (DMHAS) operates and/or funds Local Mental Health Authorities (LMHAs) offering a wide range of therapeutic programs and crisis intervention services throughout the state.

- LMHA provides services to individuals with chronic and persistent mental illness regardless of insurance, payment, immigration status, or other barriers.

- Rushford in Meriden is designated as the LMHA by the Department of Mental Health and Addiction Services for the Meriden/Wallingford Region.

- The Meriden location provides ambulatory services to the community and special comprehensive clinical and community support services for individuals with serious persistent mental health disorders.

RUSHFORD – PADDOCK AVENUE
Ambulatory Services

- ***Partial Hospital Program (PHP):*** *Weekly,* 5 day program for individuals with primary mental health disorders. Program offers same day medication management services, gender specific groups as well as Trauma Informed Care.

- ***Intensive Outpatient Program (IOP):*** *Weekly,* 5 day program for individuals with mental health and substance use disorders. Program offers medication management services, gender specific groups, as well as Trauma Informed Care.

- ***Outpatient Program (OP):*** Program offers specialized group therapy and individual therapy based on individuals needs on weekly, bi-weekly and monthly basis.

- ***Latino Services:*** *Weekly,* 5 day Intensive Outpatient, Group, and Outpatient Program with medication management as well as individual and group treatment for persons with Mental Health and substance use disorders for monolingual Latino adults.

LMHA PROGRAMS

Residential Treatment

***Parker Avenue North*:** DMHAS funded a long-term residential support living program for women with chronic mental health who require a trauma-informed residential level of care when transitioning out of long-term psychiatric hospitalization.

***Camp Street*:** DMHAS funded a transitional living residential support program for men with co-occurring behavioral health conditions utilized as a step-down back to the community when transitioning out of long-term psychiatric hospitalization.

Community Based Initiative (CBI): DMHAS funded a Supportive Housing program where the clients hold their own lease with the landlord in a public apartment building. Rushford staff have an office in that apartment building providing 24/7 support to up to 21 clients.

***Respite*:** DMHAS funded a program designed to provide short-term (7-10 day) support to individuals struggling with a behavioral health crisis as an attempt to prevent a hospitalization, or a step back in the community post-hospitalization.

LMHA PROGRAMS

Community based case management

***CSP*:** Assists individuals to achieve their highest potential for independent functioning. Takes a team approach to provide skill building for activities of daily living, peer support, psycho-education and self-management.

WISE: In-home supports to aid individuals in maintaining a healthy living environment in order to prevent individuals from needing a skilled nursing facility. Wise case managers work collaboratively with a group of providers that are caring for the individual in the comfort of their home.

***BHH*:** Behavioral Health Home is an integrated Medicaid service model that bridges the gap between behavioral and physical health. The goal of this program is to reduce the number of ED visits for individuals who live with a significant mental health diagnosis.

Supportive Housing for Men and Women: Permanent housing in which financial housing assistance and supportive services are provided in order to support individuals in maintaining stable housing.

LMHA PROGRAMS

Community based clinical programs

***ABI*:** Provides recovery supports and intervention to individuals who have substance use disorders in addition to Acquired Brain Injury. Rushford works collaboratively with treatment teams to accomplish recovery goals for individuals throughout the State of Connecticut.

***Jail Diversion*:** Clinicians act as clinical liaisons to the Meriden Superior Courthouse. Provide risk assessment and treatment recommendations to the court for individuals in lock-up as a diversion to incarceration.

Mobile Crisis: Access to 24/7 crisis intervention services in the community for the Meriden and Wallingford community.

Young Adult Services: Program services to 10 young adults between ages 18 and 25. YAS provides clinical services, case management, educational and vocational support as well as the opportunity for supportive housing.

LMHA PROGRAMS

Other LMHA Programs

***Friendship Club*:** Social Rehab is an option for individuals with significant mental health conditions. Individuals have the opportunity to come together, cultivate necessary skills to be successful in the community while engaging in full citizenship and social environments of their choice.

***Kuhn*:** Contracted Employment Services for 74 adults with primary mental health diagnosis. Services include job skill assessment, development, and job coaching in order to successfully obtain competitive employment.

Other Meriden programming

Meriden Opioid Referral for Recovery (MORR)

- This program is a partnership between Rushford, the City of Meriden, and first responders.
- MORR team provides immediate follow up for individuals that have received naloxone by a first responder in the Meriden community.
- The team consists of a clinician, a case manager, and the program manager
- The program uses Motivational Interviewing to engage individuals and support them as they work through the stages of change to achieve recovery
- This program provides multiple contacts per week for up to 6 months.

Meriden Early Diversion Referral and Retention (MERR)

- This program is a partnership between Rushford, the City of Meriden, and police department
- MERR team receives referrals from police for individuals with behavioral health conditions as a diversion to being arrested for minor crimes.
- The team consists of a clinician, a case manager, and the program manager
- This program provides multiple contacts per week for up to 6 months.

To Make a Referral

Rushford Admissions Department: 1-877-577-3233
Website: https://rushford.org/

The Ridge Recovery Center Admissions Department: 877-307-4343
Website: https://ridgerecovery.org

For Questions, feel free to contact me:

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